


DeSoto Senior Activity Center

NOVEMBER 2018

This Program is funded by Dallas County, the Texas Department of Aging and Disability Services and Dallas Area Agency on Aging. Relay Texas
1-800-735-2989

~ - Entrée Contains Soy
* - Contains Pork

			Thursday	Friday
			11/1/2018	11/2/2018
			Sliced Ham* Swiss Cheese Broccoli Salad Carrot and Raisin Salad Wheat Bread (2) Peanut Butter Cookie Milk/Mayonnaise	BOX LUNCH 2% Milk
Monday	Tuesday	Wednesday	Thursday	Friday
11/5/2018	11/6/2018	11/7/2018	11/8/2018	11/9/2018
Oriental Chicken Fried Rice Broccoli, Carrots, Onions Wheat Bread Pineapple Tidbits Milk	Chicken and Dumplings Stewed Tomatoes Italian Green Beans Multi Grain Bread Strawberry Fluff Milk	Meatloaf w/ Tomato Gravy~ Country Potatoes Green Peas Wheat Bread Ranger Cookie Milk	BOX LUNCH 2% Milk	Hamburger Patty ~ Lettuce, Tomato and Onion Potato Wedges Hamburger Bun Spiced Fruit Milk
Monday	Tuesday	Wednesday	Thursday	Friday
11/12/2018	11/13/2018	11/14/2018	11/15/2018	11/16/2018
Salisbury Steak ~ Garlic Whipped Potatoes Spring Vatable Blend Dinner Roll Nutty Buddy Bar Milk	Beef and Spanish Rice Charro Beans Braised Carrots Multi Grain Bread Chocolate Swirl Pudding Milk	Oven Fried Chicken Thigh Macaroni & Cheese Country Tomatoes Dinner Roll Chocolate Cake Ice Cream Milk	Tuna Salad Lettuce and Tomato Black-eyed Pea Salad Wheat Bread (2) Banana Pudding w/Wafers Milk	<i>Thanksgiving Holiday Meal</i> Turkey Breast w/Gravy Cornbread Dressing Mashed Spiced Yams Wheat Bread Mud Pie Pudding Milk/Margarine/Cranberry
Monday	Tuesday	Wednesday	Thursday	Friday
11/19/2018	11/20/2018	11/21/2018	11/22/2018	11/23/2018
Seasoned Meatballs Mexican Corn Broccoli Hoagie Bun Fudge Crème Cookie Milk	Beef Patty w/Mushrooms~ Parslied Rice Cabbage Dinner Roll Fresh Apple Milk	BOX LUNCH 2% Milk	CLOSED FOR HOLIDAY 	CLOSED FOR HOLIDAY
Monday	Tuesday	Tuesday	Tuesday	Tuesday
11/26/2018	11/27/2018	11/28/2018	11/29/2018	11/30/2018
BOX LUNCH 2% Milk	BBQ Chicken Breast Coleslaw Mixed Vegetables Hamburger Bun Cherry Crisp Milk	Grilled Pork Patty w/Gravy ~* Lima Beans Broccoli Wheat Bread Creamsicle Pudding Milk	Turkey Pastrami Swiss Cheese Lettuce and Tomato Corn Salad Rye Bread (2) Chocolate Chip Cookie Milk/Mustard	Country Fried Steak w/Gravy~ Oven Roasted Potatoes Braised Carrots Wheat Bread Orange Fruited Gelatin Milk

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by 11:30 a.m, two days in advance by calling 972-230-5825.

