

DeSoto Senior Activity Center

 	This program is funded by Dallas County, the Texas Department of Aging and Disability Services and Dallas Area Agency on Aging. Relay Texas 1-800-735-2989	Wednesday	Thursday	Friday
		11/1/2017	11/2/2017	11/3/2017
		Meatloaf ~ Brown Gravy Scalloped Potatoes Broccoli Multi Grain Bread Cherry Fruited Gelatin Milk	Gourmet Chicken Salad ^ Bean Medley Salad Cucumber Salad w/Creole Dressing ^ Kaiser Roll Gingerbread Cookie Milk	Sausage w/ Onions and Peppers * Baked Beans Mixed Greens Hot Dog Bun Carnival Cookie Milk Mustard
Monday	Tuesday	Wednesday	Thursday	Friday
11/6/2017	11/7/2017	11/8/2017	11/9/2017	11/10/2017
Dijon Pork ~ * Delmonico Potatoes Mixed Vegetables Multi Grain Bread Fresh Apple Milk	Chicken and Rice Casserole Tossed Salad Okra and Tomatoes Dinner Roll Oatmeal Crème Cookie Milk Italian Salad Dressing	Happy Birthday Oven Fried Chicken Thigh Whipped Potatoes Italian Green Beans Wheat Bread Frosted Birthday Cake  Ice Cream Milk	Turkey Pastrami Swiss Cheese Carrot Slaw Potato Salad Rye Bread (2) Fresh Orange Milk Mustard	Hamburger Patty ~ Lettuce, Tomato and Onion Potato Wedges Hamburger Bun Cranberry Crunch ^ Milk Mustard and Ketchup
Monday	Tuesday	Wednesday	Thursday	Friday
11/13/2017	11/14/2017	11/15/2017	11/16/2017	11/17/2017
Parmesan Chicken ~ Rotini Noodles Catalina Vegetable Blend Texas Bread Fresh Orange Milk	BBQ Pork Rib Patty ~ * Potato Wedges Coleslaw Hoagie Bun Peaches Milk Ketchup	Beef Chili with Beans Tossed Salad Broccoli Mexican Cornbread Muffin Mixed Fruit Crisp Milk Italian Salad Dressing Margarine	Sliced Ham * Swiss Cheese Couscous Salad Tomato and Cucumber Salad White Bread (2) Sugar Cookie Milk Mayonnaise	<u>Thanksgiving Holiday Meal</u> Turkey Breast with Gravy Cornbread Dressing Sweet Potato Casserole Dinner Roll Pumpkin Pie Milk Margarine/Cranberry
Monday	Tuesday	Wednesday	Thursday	Friday
11/20/2017	11/21/2017	11/22/2017	11/23/2017	11/24/2017
Creole Beef ~ Succotash Sliced Carrots Wheat Bread Fudge Crème Cookie Milk	Sweet and Sour Chicken Fried Rice Japanese Vegetable Blend Dinner Roll Fortune Cookie Milk	BOX LUNCH	CLOSED FOR HOLIDAY  	CLOSED FOR HOLIDAY
Monday	Tuesday	Wednesday	Thursday	Friday
11/27/2017	11/28/2017	11/29/2017	11/30/2017	
Swedish Meatballs ~ Egg Noodles Green Peas Wheat Bread Fresh Orange Milk	Pork Carnitas * Pinto Beans Ole Mixed Vegetables Flour Tortilla Fruited Lemon Gelatin Milk	Country Fried Steak ~ Country Gravy Whipped Potatoes Spring Vegetable Blend Wheat Bread Creamsicle Pudding Milk	Spinach Chef Salad * Cold Copper Pennies ^ Club Crackers Strawberry Shortcake Cookie Milk Ranch Salad Dressing	* - Contains Pork ^ - New Menu Item ~ - Entrée Contains Soy 

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by noon two days in advance by calling 972-230-5825.

