







Desoto Senior Activity Center

		Wednesday	Thursday	Friday
		2/1/2017	2/2/2017	2/3/2017
		Taco Meat w/Cheese Lettuce and Tomato Pinto Beans Flour Tortilla Pineapple Tidbits Milk Taco Sauce	Chicken Salad Corn Salad Cucumber Salad Kaiser Roll Fruited Lime Gelatin Milk	Chinese New Year's Meal Orange Glazed Chicken Thigh Fried Rice Broccoli, Carrots & Onions Dinner Roll Fresh Orange Fortune Cookie Milk
Monday	Tuesday	 Wednesday 	Thursday	Friday
2/6/2017	2/7/2017	2/8/2017	2/9/2017	2/10/2017
Turkey Rice Casserole Green Peas Stewed Tomatoes Multi Grain Bread Butterscotch Swirl Pudding Milk	Honey Mustard Chicken~ Northern Beans Spinach Texas Bread Ranger Cookie Milk	BirthDay Meal Swiss Steak~ Twice Whipped Potatoes Spring Vegetable Blend Dinner Roll BirthDay Cake Ice Cream Milk	Diced Chicken Parmesan Cheese Tossed Salad Wheat Pita Pocket Fresh Banana Milk Caesar Salad Dressing	Black History Month Meal BBQ Rib Patty*~ Candied Yams Black-eyed Peas Dinner Roll Apple Cobbler Milk
Monday	 Tuesday 	Wednesday	Thursday	Friday
2/13/2017	2/14/2017	2/15/2017	2/16/2017	2/17/2017
Southwest Beef~ Whole Kernel Corn Capri Vegetable Blend Wheat Bread Chocolate Pudding Milk	Valentine's Day Meal Mushroom Wine Chicken Thigh Buttermilk Potatoes Brussels Sprouts w/Lemon Sauce Dinner Roll Strawberry Shortcake Cookie Milk	Baked Meatballs w/Gravy~ Bowtie Pasta w/Red Peppers Garden Vegetable Blend Dinner Roll Fruited Strawberry Gelatin Milk	Sliced Turkey Breast Cheddar Cheese Lettuce and Tomato Texas Caviar Wheat Tortilla Fruited Cherry Gelatin Milk Mustard	Ham and Lima Beans* Buttered Rice Mixed Greens Cornbread Fresh Apple Milk Margarine
Monday	Tuesday	Wednesday	Thursday	Friday
2/20/2017	2/21/2017	2/22/2017	2/23/2017	2/24/2017
Turkey Pot Pie Whole Kernel Corn Cold Pickled Beets Dinner Roll Fresh Orange Milk	Beef Pepper Steak~ Brown Gravy Mashed Sweet Potatoes Green Beans Wheat Bread Marble Pudding Milk	Oven Fried Chicken Thigh Macaroni and Cheese Broccoli Dinner Roll Fruited Lime Gelatin Milk	Chicken Salad Lettuce and Tomato Mixed Bean Salad Wheat Pita Pocket Peanut Butter Cookie Milk	Frankfurter w/Chili* Shredded Cheese & Diced Onions Potato Salad Baked Beans Hot Dog Bun Sliced Peaches Milk / Mustard
Monday	Tuesday	This Program is funded by Dallas County, the Texas Department of Aging and Disability Services and Dallas Area Agency on Aging. Relay Texas 1-800-735-2989		
2/27/2017	2/28/2017			
Salisbury Beef~ Brown Gravy Whipped Potatoes Spinach Wheat Bread Fresh Apple Milk	Turkey Tetrazzini Tossed Salad Carrots Dinner Roll Gingerbread Cookie Milk Italian Salad Dressing	<h2>February 2017</h2>		

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by noon two days in advance by calling 972-230-5825.