

## *DeSoto Senior Activity Center Newsletter*

*December 2010*

204 Lion Street - DeSoto, Texas 75115 - <http://www.ci.desoto.tx.us>  
Hours of Operation: Monday – Friday 8 am – 4 pm - 972-230-5825  
*Where Active Seniors Go!*

### ***This and That***

- Did you know that your Tom Thumb Reward Card is worth \$\$\$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.
- Please remember children are not allowed at the Senior Activity Center except for special events approved by the Site Council. The special events will be published in this newsletter as they are scheduled.
- The center will be closed Thursday & Friday, December 23<sup>rd</sup> and 24<sup>th</sup>, in observance of the Christmas Holiday & Friday the 31<sup>st</sup>. in observance of the New Year.

### **Volunteer of the Month – Karen Jackson**

Karen Jackson is the December senior volunteer of the month. She was born and raised in Michigan, matured in California; Karen is the fourth of four brothers and three sisters. Karen moved to DeSoto in February 2001.

She retired in 2001 from TRW in Sunnyvale, California, working in Technical Publications. Her favorite food is Prime Rib with horseradish. She likes country, jazz, rhythm & blues, soft rock and definitely oldies from the 50s, 60s and 70s and her favorite song is “Looking for a place to fall apart,” by Merle Haggard. Karen has a quirky habit of taking in strays. Decorative painting and Mahjong is her hobby and her fondest memory is the birth of her daughter, Peggy. Her words to live by are “A true friend is the best possession.”

Karen states the Senior Activity Center has been great for her. She has made many new friends and lost a few along the way. They will all have a place in her heart forever. She has been attending the center for nine years. She is involved in the following activities; Paint Class, Mahjong, Food Bank, member of the Site Council, runs the bake sale at our yearly garage sale and attends various functions like our dinners, pancake breakfasts and volunteers wherever needed.

Thank you, Karen, for making the DeSoto Senior Activity Center a better place for our seniors. We love you!!!

### **Welcome to our New Members**

Arlean Jackson, Daniel Stokes, Gloria Claud, Effie Williams, Rudolph Mitchell, Doris Ridgeway, Cathy Ely, David Ely, Robin Williams, Sammie Owens and Taft Butcher, Georgelaine Owens, Felix Isaac, & Shelia Isaac.

### **December Birthdays**

Sarah Anderson, Barry Arnold, Dorothy Ausmus, James Averitte, Hazel Banks, Jack Barnes, Mary Bates, Carole Carr, Jean Collavo, Ronald Cox, Jennie Curry, Doroteo DeHoyos, Gloria Elterman, Doyce Eves, Bill Francies, Phyllis Francies, Dorothy Germino, Lucille Gusman, Brenda Hall, Eleanor Hicks, Annie Hunt, Doshia Jones, Emily Jones, Carol Kerr, Helen Lamb, Carol Lassetter, Kathryn Lay, Bill Lay, Rosales Lupe, Helen Morris, Octavia Morrison, James Murray, Roy Ota, John Parnell, Isia Lee Phillips, Ann Polk, Lida Pratley, John Rennie, John Roberts, Lupe Rosales, Izetta Spencer, George Stephens, David Swiedom, Yvonne Thompson, Grace Turner, James Ward, Don Wilkinson, Verda Wright & Mary Lou Zoeller.

## Health & Wellness

Blood Pressure Screening	VNA-Vivienne Armstrong	Wednesday, 12/1	9 a.m.
Health Education – Infections	VNA-Vivienne Armstrong	Friday, 12/3	10:45 a.m.
Nutrition Talk – Celiac Disease	Marlice Peabody	Thursday, 12/16	9:45 a.m.

## Events & Trips

### Senior Shopping at Target (Cedar Hill), December 7<sup>th</sup>, 8:45 a.m.

The Target Super Center in Cedar Hill is once again offering Senior only shopping. We will depart the center at 8:45 and return for lunch. Transportation is \$2.00.

### Medicare Supplement Education, Tuesday, December 7<sup>th</sup>, 10 a.m.

Representatives from the WiseGroup will present to entertain your questions on Medicare Supplements available to you. If you wish to speak with the representative privately, you will have that opportunity.

### North Texas Food Bank Volunteer Program, Thur., December 9<sup>th</sup>, 8:30 a.m.

Thursday, December 9<sup>th</sup> is the DeSoto Senior Center's day to volunteer at the Food Bank. We will leave the center at 8:30 and return for lunch. Volunteers work two hours, and in turn, the center receives food credits. We use the food credits from the Food Bank to obtain our morning and afternoon snacks.

### Texas Hold'em Tournament, Thursday, December 9<sup>th</sup>, 1 p.m.

Please join us for our Texas Hold'em tournament. Entry fee is \$5.00 with awards for 1<sup>st</sup> & 2<sup>nd</sup> place. Each player will deal. Bill Loggains won the November 11<sup>th</sup> tournament with Youree Washington coming in 2<sup>nd</sup>.

### Christmas Dinner & Entertainment, Friday, December 10<sup>th</sup>, 6:30 p.m.

Join us for our annual Christmas Dinner & entertainment. Dinner will be served at 6:30 p.m., and Donny Hall will entertain us with his Christmas show beginning at 7:15. Cost is \$4 per person at the door. Please RSVP at the registration desk. Pickup and take home are available.

### Cambridge Private School Christmas Choir, Mon., Dec. 13<sup>th</sup>, 10:30 a.m.

Students from the Cambridge Private School Choir will present their Christmas show in our dining room. Please be present for this special event.

### AARP Driver Safety Program, Tuesday, December 14<sup>th</sup>, 12:00 noon – 4 p.m.

RSVP at the registration desk for the AARP Driver Safety Program. This is a four hour class. Class fee is \$12.00 for AARP members and \$14.00 for non-members payable to the instructor. This program is for Insurance purposes only.

### Christmas Shopping at Grapevine Mills Mall, Tuesday, Dec. 14<sup>th</sup>, 9:30 a.m.

You will have the opportunity to finish (or begin) your Christmas shopping at one of the nicest malls in the area. We will return around 1 p.m. Lunch on your own at the food court. Transportation cost is \$2. Take home is available.

### Christmas Lunch & Holiday Party, Friday, December 17<sup>th</sup>, 10 a.m.

If you would like to participate in the gift exchange bring a \$5 to \$7 gift that could be used by a man or woman. The gift exchange will be fun, exciting and hopefully a lot of laughter. Refreshments will be served.


### Granbury Opera House Christmas Show and Dinner, December 17<sup>th</sup>, 12:15

We will see the live stage show "Red Skelton's Christmas Special." Who can forget the wonderful Red Skelton Christmas TV Specials. It was filled with heart warming skits and marvelous Christmas musical numbers that seemed to bring the holidays alive with happiness and good cheer. Red Skelton is played by veteran actor, Steven Einspahr and he hosts an entire cast of singers and dancers. He skillfully plays the legendary characters made so popular over the years....Freddie the Freeloader, Clem Kadiddlehopper and San Fernando Red. A heart warming show that will fill you with the holiday spirit performed only the way the talented Granbury Opera House performers can do. The Granbury Opera House is not handicap accessible. After the show, we will have dinner at Babe's in Granbury. Transportation and show cost is \$25, payable when you reserve your seat. Dinner is on your own. No refunds! Please sign up early.

### Saturday Night Dance, December 18<sup>th</sup>, 7 – 9:30 p.m.

Join us for a fun night of entertainment and dancing. The music will be provided by "Southern Spurs." Snacks & punch will be provided at intermission. Admission is \$5 at the door.

# DeSoto Senior Activity Center – December 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
		1	2	3	4
		8:45 <u>Bingo</u> (sponsored by DeSoto Nursing & Rehab) 9:00 <u>VNA – Blood Pressure Screening</u> 9:00 <u>Painting Class</u> 9:45 <u>Grocery Store, Bread Store</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 1:00 <u>Crochet Class</u>	9:00 <u>Wise Group Medicare Supplement Experts – Question/answer</u> 9:30 <u>Chair Exercise</u> 10:00 <u>Camp Meeting</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:15 <u>Line Dance Class</u>	8:45 <u>Bingo</u> (sponsored by Mantlebrook) 9:45 <u>VNA Education - Infections</u> 9:45 <u>P.O./Bank/Drug Big Lots &amp; Dollar Store</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:00 <u>Bridge</u> 12:00 <u>Pinochle</u> 2:30 <u>Fitness Class at Town Center</u>	
6	7	8	9	10	11
8:45 <u>Bingo</u> (by Sterling House) 9:00 <u>Site Council Meeting</u> 9:00 <u>Ceramics</u> 9:45 <u>Wal-Mart</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:00 <u>Bridge</u> 1:00 <u>Mahjong</u> 2:30 <u>Fitness Class at Town Ctr.</u>	8:45 <u>Target Senior Shopping (Cedar Hill)</u> 9:30 <u>Chair Exercise</u> 10:00 <u>Wise Group Medicare Supplement Experts – Texas Plus</u> 10:15 <u>TOPS Meeting</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:00 <u>Duplicate Bridge</u> 12:00 <u>Pinochle</u>	8:45 <u>Bingo</u> (Sponsored by Windsor Gardens) 9:00 <u>Painting Class</u> 9:45 <u>Grocery Store, Bread Store</u> 11:30 <u>Birthday Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 1:00 <u>Crochet Class</u>	8:30 <u>Food Bank Volunteer Day</u> 9:30 <u>Chair Exercise</u> 10:00 <u>Camp Meeting</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:15 <u>Line Dance Class</u> 1:00 <u>Texas Hold'em Tournament</u> 1:30 <u>Line Dance Class Performance at DeSoto Nursing &amp; Rehab</u>	8:45 <u>Bingo</u> 9:45 <u>P.O./Bank/Drug Big Lots &amp; Dollar Store</u> 10:45 <u>Line Dance Performance</u> 11:30 <u>Box Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:00 <u>Bridge</u> 12:00 <u>Pinochle</u> 2:30 <u>Fitness Class at Town Ctr.</u> 6:30 <u>Christmas Dinner &amp; Entertainment</u>	
13	14	15	16	17	18
8:45 <u>Bingo</u> (by Sterling House) 9:00 <u>Ceramics</u> 9:45 <u>Wal-Mart</u> 10:30 <u>Cambridge Private School Christmas Choir</u> 11:30 <u>Lunch</u> 12:00 <u>Bridge</u> 12:00 <u>"42" &amp; Dominoes</u> 1:00 <u>Mahjong</u> 2:30 <u>Fitness Class at Town Ctr.</u>	9:30 <u>Grapevine Mills Mall</u> 9:30 <u>Chair Exercise</u> 10:15 <u>TOPS Meeting</u> 11:30 <u>Lunch</u> 12:00 <u>AARP Driver Safety Class</u> 12:00 <u>"42" &amp; Dominoes</u> 12:00 <u>Duplicate Bridge</u> 12:00 <u>Pinochle</u>	8:45 <u>Bingo</u> 9:00 <u>Painting Class</u> 9:45 <u>Grocery Store, Bread Store</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u>	8:45 <u>P.O./Bank/Drug Big Lots &amp; Dollar Store</u> 9:30 <u>Chair Exercise</u> 9:45 <u>Nutrition Talk - Celiac Disease</u> 10:00 <u>Camp Meeting</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:15 <u>Line Dance Class</u>	9:00 <u>Christmas Bingo &amp; Christmas Party &amp; Gift Exchange</u> 11:30 <u>Christmas Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:00 <u>Bridge</u> 12:00 <u>Pinochle</u> 12:15 <u>Granbury Opera House &amp; Dinner</u> 2:30 <u>Fitness Class at Town Ctr.</u>	7:00 – 9:30 pm <u>Senior Dance with music by Southern Spurs</u>
20	21	22	23	24	25
8:45 <u>Christmas Movie</u> 9:00 <u>Ceramics</u> 11:30 <u>Lunch</u> 12:00 <u>Bridge</u> 12:00 <u>"42" &amp; Dominoes</u> 1:00 <u>Mahjong</u> 2:30 <u>Fitness Class at Town Ctr.</u>	8:45 <u>Christmas Movie (Part 1)</u> 9:30 <u>Chair Exercise</u> 10:00 <u>Wal-Mart</u> 10:15 <u>TOPS Meeting</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:00 <u>Duplicate Bridge</u> 12:00 <u>Pinochle</u>	8:45 <u>Christmas Movie (Part 2)</u> 9:00 <u>Painting Class</u> 9:45 <u>Grocery Store, Bread Store</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u>	<h2 style="margin: 0;">Merry Christmas Center Closed</h2>	<h2 style="margin: 0;">Merry Christmas Center Closed</h2>	
27	28	29	30	31	
8:45 <u>Bingo</u> (Sterling House) 9:00 <u>Ceramics</u> 9:45 <u>Wal-Mart</u> 11:30 <u>Lunch</u> 12:00 <u>Bridge</u> 12:00 <u>"42" &amp; Dominoes</u> 1:00 <u>Mahjong</u> 2:30 <u>Fitness Class at Town Ctr.</u>	9:30 <u>Chair Exercise</u> 10:15 <u>TOPS Meeting</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:00 <u>Duplicate Bridge</u> 12:00 <u>Pinochle</u>	8:45 <u>Bingo</u> 9:00 <u>Painting Class</u> 9:45 <u>Grocery Store, Bread Store</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u>	9:30 <u>Chair Exercise</u> 9:45 <u>Nutrition Talk</u> 10:00 <u>Camp Meeting</u> 11:30 <u>Lunch</u> 12:00 <u>"42" &amp; Dominoes</u> 12:15 <u>Line Dance Class</u>	<h2 style="margin: 0;">Happy New Year Center Closed.</h2>	

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$5.50 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.