# DeSoto Senior Activity Center Newsletter August 2010

204 Lion Street - DeSoto, Texas 75115 - http://www.ci.desoto.tx.us Hours of Operation: Monday - Friday 8 am - 4 pm - 972-230-5825

Where Active Seniors Go!

#### This and That

- Did you know that your Tom Thumb Reward Card is worth \$\$\$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.
- Please remember children are not allowed at the Senior Activity Center except for special events approved by the Site Council. The special events will be published in this newsletter as they are scheduled.

### Senior of the Month - Georgia Harvey

The DeSoto Senior Activity Center senior of the month is Georgia Harvey. Georgia was born in New Orleans, La., and has five brothers and one sister. Georgia was married to Willie for fifty-seven years prior to his passing. They have five boys and one girl, ten grandchildren and two great grandchildren. Georgia worked as a reading tutor for the Orleans Parish School Board for twenty years retiring in 1996.

Some of Georgia's favorites are: Food - fried catfish, Hobby – reading and playing Mexican Train, Memory – Her 50<sup>th</sup> wedding anniversary and a new beginning celebration after their decision to live in Texas, Quirky habit – leave lights on all the time, words to live by – live within your means & going to church does not save you. Georgia has been attending the center since 2006. She was motivated to come to the center because of the activities offered and fellowship.

Georgia is a member of the Site Council, leads the Camp Meeting each Thursday, helps in the kitchen and fills in wherever needed. Georgia also volunteers weekly at Charlton Methodist Hospital in the cardiac unit. Georgia has enjoyed raising her family and family activities. She also has an intimate relationship with Christ. Thank you Georgia for being a valuable member of the DeSoto Senior Activity Center!

#### Welcome to our New Members

Gloria R Hemphill, Burnis Grays, Hazel Duke, Donald R King, Ann S Polk, Catherine L Whitfield, Gwendolyn F Pointer, Betty J. Davis, Betty J. Reese, Gwen S Culbreth, Winston M Culbreth, Sheryl B Smith, Lionell W Woods, Althea Burden. Doris J Jones, Irene R Morris.

#### August Birthdays

Marceline Aberg, Fransica Acosta, Helen Amador, Claudia Anderson, Bernardo Aquilera, Audrey Ault, Larry Battles, Harold Boswell, Catherine Bowens, Leola Brewer, Gloria Bruce, Don Bullard, Hazel Campbell, Pat Carpenter, Duane Carr, Juanita Carr, Louis Castillo, Caryl Chesney, Marvin Clark, Dorothy Coleman, Carol Coterill, John Coughlin, Charles Creel, Shirley Curlee, Alice Davis, Sarah Davis, Gladys Delmont, Tonolia Deon, Helen Diaz, Gerald Dollins, Hazel Duke, Bill Ellard, Malissa Finn, Angelina Fleming, Earlie Fountain, Eddy Frazier, Imogene Gaston, Charles Gatlin, Carol Gearner, Ruby Goldman, Jewell Goodman, Queen Green, Bob Haak, Pearlie Hall, Vesta Harden, Arvin Harris, Ronald Harris, Deborah Hegger, Virgil Helm, Janie Henderson, Agnes Herbert, Wanda Holloway, Charles Holyfield, Kenneth Hood, Dianne Hughes, Orville Jones, Mary Kelly, Reiko Kurima, Judith Lanious, Norma Larue, Izetta Lee-Humphreys, Vashti Lewis, Helen Lewis, Sam Loving, Felipa Lucio, Vivian Luckert, Frances Mabry, Linda McAfee, Raymond McBride, Winifred McKellar, Arlene McMains, Marie Meggs, Doris Metzger, Glenn Milam, David Miller, Annie Mims, Helen Mitchell, Mary Mitchell, Badryyah Mo'ome, Samuel Moore, Eva Nunn, Sheree Oby, Sandy O'Neill, Bettye Patin, Ruthie Peoples, Marie Phillips, Nancy Plemens, Ray Powell, Mike Powell Jr., Robert Pratley, Gladys Randall, Brenda Randle, Shirley Rodman, Gwen Rosenberger, Agapita Santibanez, Dick Senkbeil, Surandra Shah, Grace Sinclair, Nathan Smith, Don Snouffer, Reed St. Pierre, Bill Sterberg, Ora Stringer, Meredith Thomas, Helen Tidwell, Charles Vent, Jelata Walker, Edward Ward, Shirley Ward, Howard Watters, Barbara Weatherby, Jay Webb, Peggy Wilbur, Arthur Williams, Juanita Williams, Earl Willis, Lottie Willis, Geneva Wilson, Ruthelle Wilson.

### Health & Wellness

**Blood Sugar Screening** Nutrition Talk – Constipation VNA-Vivian Armstrong Marlice Peabody

Wednesday, 8/4 Thursday, 8/26

9 a.m. 9:45 a.m.

### Events & Trips

## North Texas Food Bank Volunteer Program, Thur., August 12<sup>th</sup>, 8:30 a.m. Thursday, August 12<sup>th</sup>, is the DeSoto Senior Center's day to volunteer at the Food Bank. We will leave the center at

8:30 and return for lunch. Our volunteers work two hours, and in turn, the center receives food credits. We use the food credits from the Food Bank to obtain our morning and afternoon snacks.

### Medicare Fraud Seminar, Tuesday, August 10<sup>th</sup>, 10 a.m. Members of "RSVP" will present a seminar on "Medicare Fraud" in our dining room. You will learn procedures on

protecting you Medicare dollars.

Texas Hold'em Tournament, Thursday, August 12<sup>th</sup> & 26<sup>th</sup>, 1 p.m.

Please join us for our Texas Hold'em tournaments. Entry fee is \$5.00 with awards for 1<sup>st</sup> & 2<sup>nd</sup> place. Each player will deal. John Roberts won the July 8<sup>th</sup> tournament with Ron Ford coming in 2<sup>nd</sup>. Bryan Reynolds won the July 22<sup>nd</sup> tournament with Luther Jones taking 2<sup>nd</sup>. Please RSVP by 8/10& 8/24.

### AARP Driver Safety Program, Tuesday, August 17<sup>th</sup>, 12:00 noon – 4 p.m. RSVP at the registration desk for the AARP Driver Safety Program. This is a four hour class. Class fee is \$12.00 for

AARP members and \$14.00 for non-members payable to the instructor. This program is for Insurance purposes only.

### Morning Movie Matinee, Friday August 20th, 8:45 a.m.

We will show the movie "Message in a Bottle" in the craft room and we will even throw in free popcorn. Please RSVP at the registration desk. Because of this movie, we will not be playing bingo.

### Game Night & Dinner, Friday, August 20th, 6:30 p.m.

Our next game night will be August 20<sup>th</sup>. Join us for hamburgers & hot dogs with all the trimmings, plus dessert. Bingo cards will be .50c each. We will also have a single elimination "8" ball tournament with an award for first & second place. Home pickup & take home will be available. \$3 per person at the door. Please RSVP at the Registration Desk.

### Brain Aerobics, Tuesday, August 24th, 10:30 a.m.

Brain Aerobics is a fun way of exercising the brain with a series of mind boggling problems that are both verbal and physically written out on a dry erase board. The brain exercise will be let by Keeshla McDuff, the Life Enrichment Coordinator for Sterling house of DeSoto.

### <u>Line Dance Class Performance, Friday, August 27<sup>th</sup>, 10:45 a.m.</u> Our very talented Line Dance Class will perform in our dining room. Please be seated early for this energetic

performance. Our talented dancers are led by June Alsup.

### Saturday Night Dance, August 28th, 7 – 9:30 p.m.

Join us for a fun night of entertainment and dancing. The music will be provided by "Southern Spurs." Snacks & punch will be provided at intermission. Admission is \$5 at the door.

## Parkland Mobile Mammogram, Monday, August 30<sup>th</sup>, 8:00 a.m. to 2:00 p.m. The Parkland Mobil Mammogram unit will be at the DeSoto Senior Activity Center on Monday, August 30<sup>th</sup>, from

8:00 a.m. to 2:00 p.m. Please call 972-230-5825 to make an appointment.

<u>Mahjong each Monday - 1 p.m</u>
If you're a Mahjong player, please join the group each Monday at 1 p.m. in the dining room.

### Line Dance Class Thursday afternoons at 12:15 p.m.

June Alsup leads the Line Dance class each Thursday at 12:15 p.m., in the dining room. If you are interested in the class all you have to do is show up and become a part of the class.

### **DeSoto Senior Activity Center – August 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
8:45 Bingo 9:00 Site Council Meeting 9:00 Ceramics 9:45 Wal-Mart 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:00 Duplicate Bridge 12:00 Pinochle	8:45 Bingo 9:00 VNA – Blood Sugar Screening 9:00 Painting Class 9:45 Grocery Store, Bread Store 11:30 Lunch 12:00 "42" & Dominoes 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:15 <u>Line Dance Class</u>	8:45 Bingo 9:45 P.O./Bank/Drug Big Lots & Dollar Store 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center	7
9 8:45 Bingo 9:00 Ceramics 9:45 Wal-Mart 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:00 Medicare Fraud Education Talk 10:15 TOPS Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:00 Duplicate Bridge 12:00 Pinochle	8:45 Bingo 9:00 Painting Class 9:45 Grocery Store, Bread Store 11:30 Birthday Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Ctr.	8:30 Food Bank Volunteer  Day  9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:15 Line Dance Class 1:00 Texas Hold'em Tournament	8:45 Bingo 9:45 P.O./Bank/Drug Big	14
8:45 Bingo 9:00 Ceramics 9:45 <u>Wal-Mart</u> 11:30 Lunch 12:00 Bridge 12:00 "42" & Dominoes 1:00 Mahjong 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:00 Duplicate Bridge 12:00 Pinochle 12:00 AARP Driver Safety Class	8:45 Bingo 9:00 Painting Class 9:45 Grocery Store, Bread Store 12:30 "42" & Dominoes 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:15 Line Dance Class	8:45 No Bingo 8:45 Movie in the Craft Room 9:45 P.O./Bank/Drug Big Lots & Dollar Store 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Ctr. 6:30 Game Night — Hamburgers & Hot Dogs	21
8:45 Bingo 9:00 Ceramics 9:45 <u>Wal-Mart</u> 11:30 Lunch 12:00 Bridge 12:00 "42" & Dominoes 1:00 Mahjong 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:15 TOPS Meeting 10:30 Brain Aerobics 11:30 Lunch 12:00 "42" & Dominoes 12:00 Duplicate Bridge 12:00 Pinochle	8:45 Bingo 9:00 Painting Class 9:45 Grocery Store, Bread Store 11:30 Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 9:45 Nutrition Talk – Constipation 10:00 Camp Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:15 Line Dance Class 1:00 Texas Hold'em Tournament	8:45 Bingo 9:45 P.O./Bank/Drug Big	7:00 – 9:30 pm <u>Senior Dance with</u> <u>music by</u> <u>Southern Spurs</u>
30 8:00 – 2:00 <u>Parkland Mobil</u>	9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:00 Duplicate Bridge 12:00 Pinochle				

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$5.50 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.