DeSoto Senior Activity Center Newsletter June 2010

204 Lion Street - DeSoto, Texas 75115 - http://www.ci.desoto.tx.us Hours of Operation: Monday - Friday 8 am - 4 pm - 972-230-5825

Where Active Seniors Go!

This and That

- Did you know that your Tom Thumb Reward Card is worth \$\$\$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.
- Please remember children are not allowed at the Senior Activity Center except for special events approved by the Site Council. The special events will be published in this newsletter as they are scheduled.

Senior of the Month –Helen Craven

The DeSoto Senior Activity Center senior of the month for June is Helen Craven. Helen was born in Bethany, Louisiana, and has two brothers and two sisters. Her and William "Bill" have been married thirty-five years and have two sons. They have six grandchildren and eleven great grandchildren.

Helen retired in 1980 as Vice President at McDonald Photo Products as treasurer. Her favorite food is chocolate pie and according to Helen the best song ever written was "Amazing Grace." She has no quirky habits and her hobbies are; bowling, table games and cooking. Her words to live by are "Practice what you Preach."

Helen has been attending the Senior Activity Center since 1983. She was motivated to come to the center because of her love for seniors. Helen has been a volunteer at the center and has taught crafts for three years, worked the Registration Desk, served on the Site Council, crocheted afghans and donated to the center for the fund raiser auction, served as teacher of the Camp meeting for four years and loved every minute of it. Besides volunteering here at the center she also volunteers at Nursing Homes and her Church. She has taught Sunday School for over fifty-five years.

Helen would like to thank the City of DeSoto Parks & Recreation Department and all who help make The Senior Activity Center available to area seniors. Thank you Helen for all you do and have done to make the Senior Activity Center at great place for our seniors. We love you!!!!

Welcome to our New Members

Ronnie Dixon, Joyce M Thurman, Wilanda C Blunt, Barbara E Gandy, Gloria Bruce, Lucien Bruce, Marion Stephens, Darwyn Bradford, Peggy H Netter, Audrey A Scott, Carla J Jean, Brenda J Hall, Rex C Keely, Thomas L Jefferson, Barbara R Handy, Annie R Rangel, Evaristo C Rangel, Richard L Fogleman, Verma Joyce Jones, Joyce Dixon.

June Birthdays

Cecil Alexander, June Alsup, Mary Alvarez, Vallurudalli Anasuya, Jack Archer, Gertha Arterberry, Loretta Boston, Shirley Bradley, Addie Braxton, Carolyn Browder, Donald Brown, Patsy Burnham, Mary Butler, Barbara Charles, Carolyn Clemmons, Betty Daggett, Marina Dionisio, Gerald Elsman, Dorothy Evans, Jeff Fields, Katie Fletcher, Adeline Fox, Anette Frazier, Patricia Gallagher, Sherry Gambrell, Nell Glass, Warner Harper, Franceal Haynes, Greg Heilman, Maurene Henry, Carolyn Hensley, Quincy Hodge, Patricia Holland, Ronald Holland, Lela Jackson, Peggy Johnson, Barbara Jones, Bobby Jones, Claudine Jones, Jacquelyn Joseph, Mary Kelly, Martha Kiker, Carol Lombardo, Bobbie Markum, Gail Mazin, Ora Lee McFail, Terry Mehaffie, David Miller, Frances Mitchell, Blanca Mojtehedi, Fanna Moore, Mildred O'Berry, Mary Penn, Louis Peterson, Nancy Ramsay, Archie Rhodes, Jessie Rios, Patricia Robinson, Patricia Russell-Harrison, Helen Scott, Warren Scott, Harvey Shaw, Carol Sims, Charles Smith, Jerry Smith, Mitzi Smith, Ron Stewart, Gigi Thomas-Jones, Gen Van Gilder, Clarece Walker, Felicia Warner, Herbert Wigley, Joyce Williams, Melba Williams.

Health & Wellness

Blood Pressure VNA-Vivian Armstrong Wednesday, 6/2 9 a.m. Adapting to Vision Changes Dallas Area Agency on AgingTuesday, 6/8 10 a.m. Education Talk – Metabolic Syndrome VNA-Vivian Armstrong Wednesday, 6/16 10:30 a.m. **Brain Aerobics** Sterling House Tuesday, 6/22 10:30 a.m. Nutrition Talk – Heart Disease Marlice Peabody Thursday, 6/24 9:45 a.m.

Events & Trips

Collin Chlebak, Constituent Services for Congress Woman Eddie Bernice Johnson, Tuesday, June 1st, 10:30 a.m.

Collin Chlebak on behalf of Congresswoman Johnson will visit our Activity Center on June 1st, at 10:30 a.m. Collin will listen to your concerns and questions, and you will be able to get information on current developments within Congresswoman Johnson's district.

North Texas Food Bank Volunteer Program, Thur., June 10th, 8:30 a.m. Thursday, June 10th, is the DeSoto Senior Center's day to volunteer at the Food Bank. We will leave the center at

8:30 and return for lunch. Our volunteers work two hours, and in turn, the center receives food credits. We use the food credits from the Food Bank to obtain our morning and afternoon snacks.

Texas Hold'em Tournament, Thursday, June 10th & 24th, 1 p.m.

Please join us for our Texas Hold'em tournaments. Entry fee is \$5.00 with awards for 1st & 2nd place. Each player will deal. Bryan Reynolds won the May 13th tournament with John Roberts placing 2nd. John Burns won the June 27th tournament with Linda Carr placing 2nd. Please RSVP by 6/8 & 6/22.

Morning Movie Matinee, Friday June 11th, 8:45 a.m.

We will show the movie "The Blind Side" (rated PG-13 adult content) in the craft room and we will even throw in free popcorn. Please RSVP at the registration desk. Because of this movie, we will not be playing bingo.

AARP Driver Safety Program, June 14th, 12:00 noon – 4 p.m. RSVP at the registration desk for the AARP Driver Safety Program. This is a four hour class. Class fee is \$12.00 for

AARP members and \$14.00 for non-members payable to the instructor. This program is for Insurance purposes only.

Dallas Farmers Market, Tuesday, June 15th, 9 a.m.

We will visit the Dallas Farmers Market, where you will find a wide variety of vegetables, fruits, flowers and herbs. We will return to the Senior Center for lunch. Transportation cost is \$2.00.

Father's Day Pancake & Sausage Breakfast, Friday, June 18th, 8:30 a.m.

Let's celebrate Father's Day with a pancake breakfast with sausage and juice. This is one occasion we will let the fathers go first through the serving line. We will play Father's Day Bingo (.25c per card) at 9 a.m. Please sign up at the registration desk by Wednesday, June 16th, for this special occasion. We will run our Friday trips on Thursday.

Saturday Night Dance, June 26th, 7 – 9:30 p.m.

Join us for a fun night of entertainment and dancing. The music will be provided by "Doc Gibbs." Snacks & punch will be provided at intermission. Admission is \$5 at the door.

99c Store, Tuesday, June 29th, Depart at 8:50 a.m.

Want to buy something for less than a buck? Join us on a visit to the 99c store in Dallas. We will depart the center at 9 a.m. and return for lunch. Transportation cost is \$2. Please sign up early as this trip will sellout fast.

Mahjong each Monday - 1 p.m

If you're a Mahjong player, please join the group each Monday at 1 p.m. in the dining room.

Line Dance Class Thursday afternoons at 12:15 p.m.

June Alsup has volunteered to teach Line Dancing each Thursday at 12:15 p.m., in the dining room. Please RSVP at the registration desk.

DeSoto Senior Activity Center – June 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
	9:30 Chair Exercise 10:15 TOPS Meeting 10:30 Collin Chlebak (Congresswoman Eddie Bernice Johnsons Office) 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:45 Bingo 9:00 VNA – Blood Pressure Screening 9:00 Painting Class 9:45 Grocery Store, Bread Store 11:30 Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u>	8:45 Bingo 9:45 P.O./Bank/Drug Store Big Lots & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Ctr.	5
8:45 Bingo 9:00 Site Council Meeting 9:00 Ceramics 9:45 <u>Wal-Mart</u> 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:00 Education Talk – Adapting to Vision Changes - DAAA 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:45 Bingo 9:00 Painting Class 9:45 Grocery Store, Bread Store 11:30 Birthday Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Ctr.	8:30 Food Bank Volunteer Day 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class 1:00 Texas Hold'em Tournament	8:30 NO Bingo 8:45 Movie – "The Blind Side" 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Ctr.	12
8:45 Bingo 9:00 Ceramics 9:45 <u>Wal-Mart</u> 11:30 Lunch 12:00 <u>AARP Driver Safety</u> <u>Course</u> 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Ctr.	9:00 <u>Dallas Farmers Market</u> 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:45 Bingo 9:00 Painting Class 9:45 Grocery Store, Bread Store 10:30 VNA – Education Talk – Metabolic Syndrome 11:30 Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Ctr.	8:45 P.O./Bank/Drug Store Big Lots & Dollar Store 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class	8:30 Fathers Day Pancake Breakfast 9:00 Bingo 9:30 No Trips (Thursday17 th) 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Ctr.	19
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28 8:45 Bingo 9:00 Ceramics 9:45 Wal-Mart 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 8:50 99c Store Trip 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:45 Bingo 9:00 Painting Class 9:45 Grocery Store, Bread Store 11:30 Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Ctr.			

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$5.50 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.