# DeSoto Senior Activity Center Newsletter December 2009

204 Lion Street - DeSoto, Texas 75115 - http://www.ci.desoto.tx.us Hours of Operation: Monday - Friday 8 am - 4 pm - 972-230-5825

Where Active Seniors Go!

### This and That

- Did you know that your Tom Thumb Reward Card is worth \$\$\$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.
- Please remember children are not allowed at the Senior Activity Center except for special events approved by the Site Council. The special events will be published in this newsletter as they are scheduled.
- The center will be closed on Thursday, December 24<sup>th</sup> & Friday, December 25<sup>th</sup> in observance of the Christmas Holidays.

### Senior of the Month - Curtis Myles

Curtis was born in Ansley, Louisiana to Mr. Curtis and Mrs. Gertrude Myles and is the older of two brothers. He grew up in West Monroe, Louisiana and graduated from Boley High School. He also attended Grambling College from 1956-1957. He was married to our very own Delores in 1958 and they have five children (three girls, two boys) and 14 grand-children. In 1961, Curtis and Delores moved to Las Vegas and worked hard, educated and married off (smile) all of their children. "I retired in Nevada and came to The Great State of <u>Texas</u> in 2005 and here we are at the center." We are so glad they are here!

Some of his favorites: - Food – fruit, fish, and vegetables; Best Song – "Lord Help me to Hold Out"; Hobby: – billiards; Quirky Habit: – inquisitive. Curtis's fondest memory is a stay on the Queen Mary and a trip to Catalina Island. His words to live by are: "Treat others as you would like them to treat you."

Curtis has been at the center as a driver for one year and was motivated to come here by Lloyd Jones. Thanks Lloyd, we appreciate you encouraging such a wonderful person. Curtis is one of the nicest and courteous persons you will ever meet and we are so glad he is one of our staff!!!!!!

## Welcome to our New Members

Audry Ault, Angeliko Baker, Charles M. Baker, George M. Crews, Patricia Daniels, Kenneth A. Douglas, Dolores (Lola) Fuentes, Otis Gaines, Imogene Gaston, Agnes Herbert, Gloria D. Livingston, Sam L. Loving, Marjorie M. Mosely, Cecile C. Ozley, David L. Swiedom, Sheila Young,

### December Birthdays

Sara Anderson, Barry Arnold, Chauncy Banks, Hazel Banks, Jack Barnes, Jerry Bass, Mary Bates, Raymond Boston, Arthur Bradford, Gertrud Bryant, Helen Buford, Carol Carr, James Chapman, John Cobb, Jean Collavo, Ronald Cox, Ada Curran, Jennie Curry, Doroteo DeHoyos, Gloria Elterman, D. W. Eves, Earl "Bill" Francies, Phyllis Francies, Dorothy Germino, Glenn Gibson, Mable Gillespie, Nadine Gulley, Lucille Gusman, Floyd Hall, Queen Henry, Eleanor Hicks, Cartrie High, Bill Holland, Boone Huguley, Annie Hunt, Miriam Jocks, Doshia Jones, Emily Jones, Mary Jones, Victor Juarez, Geraldyne Knox, Helen Lamb, Carol Lassetter, Bill Lay, Kathryn Lay, Ella LeGrand, Glenna LeGrand, John Lewis, Rosales Lupe, Versie Lusk, Helen Mathis, Joseph May, Hallie McMillen, Helen Morris, Roy Ota, Isia Lee Phillips, Lida Pratley, Dorothy Reid, John Rennie, John Roberts, Lupe Rosales, Roxie Sellers, Cecil Smith, Delores Stanley, Mary Sue Stenberg, George Stephens, Frances Stuart, David Swiedom, Lucile Treadaway, Grace Turner, Sally VanDeventer, Lloyd Waggoner, James Ward, Winston Warner, Mary Washington, Raylene Washington, Mary Lois Waters, Pauline Wilkes, Betty Wilkins, Donald Wilkinson, Verda Wright, Mary Lou Zoeller.

## Health & Wellness

## Events & Trips

Senior Shopping at Target (Cedar Hill), December 1<sup>st</sup>, 8:30 a.m.

The Target Super Center in Cedar Hill is once again offering Senior only shopping. We will depart the center at 8:30 and return for lunch. Transportation is \$2.00.

## Granbury Opera House Christmas Show and Dinner, December 4th, 12 noon

We will see the live stage show "Christmas in New York." A heart warming show that will fill you with the holiday spirit performed only the way the talented Granbury Opera House performers can do. The Granbury Opera House is not handicap accessible. After the show, we will have dinner at Babe's in Granbury. Transportation and show cost is \$22, payable when you reserve your seat. Dinner is on your own. No refunds! Please sign up early.

## Christmas Shopping at the Parks Mall, Tuesday, Dec. 8th, 9 a.m.

You will have the opportunity to finish (or begin) your Christmas shopping at one of the nicest malls in the area. We will return around 1 p.m. Lunch on your own at the food court. Transportation cost is \$2. Take home is available.

## North Texas Food Bank Volunteer Program, Thur., Dec. 10<sup>th</sup>, 8:30 a.m. Thursday, Dec. 10<sup>th</sup>, is the DeSoto Senior Center's day to volunteer at the Food Bank. We will leave the center at

8:30 and return for lunch. Our volunteers work two hours, and in turn, the center receives food credits. We use the food credits from the Food Bank to obtain our morning and afternoon snacks.

## Christmas Dinner & Entertainment, Friday, December 11<sup>th</sup>, 6:30 p.m. We will have our annual Christmas Dinner with entertainment. Dinner will be served at 6:30 p.m., and the

entertainment will take the stage at 7:15. Cost is \$3 per person at the door. Please RSVP at the registration desk.

## Solid Rockers from Hampton Road Baptist Church, December 14<sup>th</sup>. 9:45 a.m. The Senior Adult Choir from Hampton Road Baptist Church will perform Christmas music for us in the dining room

beginning at 9:45 a.m. Another wonderful event to get us in the Christmas Spirit.

## Prairie Lights at Lynn Creek Park in Grand Prairie, Tuesday, December 15th, 6 p.m.

This drive through Lynn Creek Park in Grand Prairie is sure to put you in the Christmas Spirit. Upon arriving at the park you will be dazzled with 3 million lights set along 2 miles of path. More than 600 individual displays in shapes of all kinds line the roads. The finale of the drive is Texas' largest light tunnel. We will depart the Senior Activity Center at 6 p.m. Transportation and Prairie Lights total cost is \$5.00 per person. Please sign up early.

## Christmas Show by the DeSoto Private School Students, Wednesday, December 16<sup>th</sup>.

Students from the DeSoto Private School will once again entertain us with their charm. Remember how entertaining these kids were last year? What wonderful entertainment they were and should be again this year.

## Cambridge Private School Christmas Choir, Wed., December 17<sup>th</sup>, 10:30 a.m.

Students from the Cambridge Private School Choir will present their Christmas show in our dining room. Please be present for this special event.

Texas Hold'em Tournament, Thursday, December 17<sup>th</sup>, 1 p.m.

Please join us for our next Texas Hold'em tournament. Entry fee is \$5.00 with awards for 1<sup>st</sup> & 2<sup>nd</sup> place.

Winston Warner won the November Tournament with Bryan Reynolds coming in 2<sup>nd</sup>. Please RSVP by 12/15/09.

## Christmas Lunch & Holiday Party, Friday, December 18th, 10 a.m.

If you would like to participate in the gift exchange bring a \$5 to \$7 gift that could be used by a man or woman. The gift exchange will be fun, exciting and hopefully a lot of laughter. Refreshments will be served.

Saturday Night Dance, December 19<sup>th</sup>, 7 – 9:30 p.m.

Join us for a fun night of entertainment and dancing. The music will be provided by "Southern Spurs." Snacks &

punch will be provided at intermission. Admission is \$5 at the door.

Computer Classes on Mon. & Wed. beginning Dec. 7<sup>th</sup> & 9<sup>th</sup>. at 10 a.m.

Each class will run for three weeks. You many sign up for either class but not both as they will be teaching the same material.

## <u> Senior Open Forum with Mayor Waddle – Tuesday, December 15<sup>th</sup>, 10 a.m.</u>

The City of DeSoto would like to get feedback on how the city can better serve its citizens. Mayor Waddle and other representatives from City Hall will be present. If you have any concerns, please share them with the Mayor and his staff.

## **DeSoto Senior Activity Center – December 2009**

MONDAY TUTODAY TUTODAY TUTODAY TO THE TOTAL TOTA							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.		
	8:30 Target Senior Shopping 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 VNA – Blood Pressure 9:00 Painting Class 9: 30 Albertsons, Bread Store 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class	8:30 Bingo 9: 30 P.O./Bank/Drug Big Lots & Dollar Store  11:30 Lunch 12:00 Bridge 12:00 Pinochle 12:00 Granbury Opera House & Dinner at Babes 2:30 Fitness Class at Town Center	5		
8:30 Bingo 9:00 Ceramics 9:00 Site Council Meeting 9:30 <u>Wal-Mart</u> 10:00 <u>Computer Class</u> 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	9:30 Chair Exercise 9:30 Parks Mall Shopping Trip 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 Painting Class 9:30 <u>Kroger, Bread Store</u> 10:00 <u>Computer Class</u> 11:30 Birthday Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	8:30 Food Bank Volunteer Day 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class	8:30 Bingo 9: 30 P.O./Bank/Drug Big	12		
14   8:30   Bingo   9:00   Ceramics   9:30   Wal-Mart   9:45   Solid Rockers Adult Choir from Hampton Rd. Baptist   10:00   Computer Class   11:30   Lunch   12:00   Bridge   12:00   AARP Driver Safety Class   1:00   Mahjong   2:30   Fitness Class at Town Center	9:30 Chair Exercise 10:00 Open Forum with Mayor Waddle 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans 6:00 Prairie Lights Drive Tour	8:30 Bingo 9:00 Painting Class 9:30 No Trip to the Grocery Store 10:00 DeSoto Private School Christmas Play (Dining room) 10:00 Computer Class 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	9:30 Chair Exercise 9:45 Nutrition Talk - Sleep 10:00 Camp Meeting 10:30 Cambridge Private School Christmas Concert 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class 1:00 Texas Hold'em Tournament	8:30 Bingo 10:00 Christmas Party & Gift Exchange 11:30 Christmas Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center	19 7:00 – 9:30 pm Senior Dance with music by Southern Spurs		
8:30 No Bingo (Holiday Movie) 9:00 Ceramics 9:30 <u>Wal-Mart</u> 10:00 <u>Computer Class</u> 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	8:30 Holiday Movie 9:30 No Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 No Bingo (Holiday Movie) 9:00 Painting Class 9:30 Albertsons, Bread Store 10:00 Computer Class 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	Christmas Eve Holiday Center Closed	Christmas Holiday Center Closed	26		
8:30 Bingo 9:00 Ceramics 9:30 <u>Wal-Mart</u> 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 Painting Class 9:30 Kroger, Bread Store 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class				

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$5.50 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.