DeSoto Senior Activity Center Newsletter
November 2009

204 Lion Street - DeSoto, Texas 75115 - http://www.ci.desoto.tx.us
Hours of Operation: Monday – Friday 8 am – 4 pm - 972-230-5825

Where Active Seniors Go!

This and That

- Did you know that your Tom Thumb Reward Card is worth $$$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.
- Please remember children are not allowed at the Senior Activity Center except for special events approved by the Site Council. The special events will be published in this newsletter as they are scheduled.
- The Senior Activity Center will be **closed on Thursday & Friday, November 26th & 27th,** in observance of the Thanksgiving Holiday.

Senior of the Month – Jessie Rios

Jessie was born in Marlin, Texas, and was the youngest of four brothers and two sisters. She and her husband Paul Rios were married 50 years and had six boys, two girls, 17 grand-children and 12 great grand-children.

Some interesting things to know about Jessie: She went to a one room school and lost her dad when she was ten. They moved to a chicken farm where she and her sister got up at 4:00 am to feed and water 15 houses of chickens and then went to the house and got ready for school. In the evenings, they gathered, cleaned, weighed and put the eggs in crates ready for market on Friday. She worked hard but thanks God for helping her to take care of her mother until she passed. She later lived in Grapevine, Texas, where she worked on a farm for Mr. John W. Carpenter.

Jessie was retired from Del-Tex. Opt. Co. in 1951. Some of her favorites are: Food – soups, Hobby – making things with wash cloths and towels, Song – "One Day at a Time", Words to live by: –"Give thanks to God each day." Her quirky habit is to be friendly to all. Her fondest memory was when she went to see Pearl Harbor.

She has been coming to the center for over a year and was motivated to come by just wanting to get out of the house. Her favorite activity is to love each and everybody and to put jigsaw puzzles together. She thanks God for all the years and she asks God to bless the entire world. We love having you here Jessie!!!!

Welcome to our New Members

Marion L. Calhoun, Myra D. Crouch, Sue H. Duncan, Marrio L. Givens, Leta Ann Henderson, Virginia Loretta Mills, Walter P. Munro, Caryl Neff, Charlie Price, Sr., Mary E. Price, and Vernon (Charles) Turner.

November Birthdays

Vada Abram, Armon Allen, Alva Autry, Alberta Barlocvic, Mary P. Brown, Beatrice Carmon, Linda Carr, Mae Chenault, Virginia Collins, Mary Cox, Helen Craven, Doris Davis, Sandi Davis, Delia Durand, Allie Elwell, Ida Eugene, Lynn Fitzpatrick, Altonette Ford, Diana Frazier, Manvela Garcia, Queen Garcia, Nell Gatlin, George Gray, Gloria Gray, Herbert Green, Annie Gregory, Edward Gregory, Allen Gunn, Aurora Gutierrez, Luclare Hamby, Elaine Hayes, Jeanne Hill, Edwin Hoefs, Lorine Holland, Daisy Hollmon, Wallace Holyfield, Evelyn Hopgood, Dena Humphrey, Jewel Mae Jackson, V.J. Jackson, Obadiah Johnson, Richard Johnson, Casey Jones, Mable Jones, Patricia Jones, Cassandra Lawson, Talmadge Lawson, Joann Lineks, Dennis Markle, Howard Mayer, Patricia McAlester, Keria Mosley, Atrelia Muntz, Georgia Murray, Caryl Neff, Jimmie Lee Newsom, Jesse Owen, Libby Price, Louise Reagor, Sarah Rhodes, Carmen Rodriguez, Thomas Rourke, Elmer Rudolph, John Scogin, Billie Shofner, Charles Simpson, Erma Smith, Diane Stewart, Merlene Stokes, Vicki Strand, Carrie Thompson, Donald Toombs, Edmund Villasana, Gloria Wallick, Irma Ward, Ann Weeks, Edgar Welch, Lula Wilson, Thelma Wilson, Torchie Wolters and Marie Zimmerman.

Health & Wellness

Cholesterol Screening	VNA-Vivian Armstrong	Wednesday, 11/4	9 a.m.
Bone Health Education	VNA-Vivian Armstrong	Wednesday, 11/18	10:30 a.m.
Nutrition Talk – Alzheimer's	Marlice Peabody	Thursday, 11/19	9:40 a.m.

Events & Trips

Texas Winds Musical Performance, November 2nd, at 10 a.m.

Musicians from the Texas Winds Musical Outreach will perform in our dining room. These are professional musicians playing string and wind instruments. We will pass the hat during the performance to go toward there expenses and outreach.

Veterans Day Breakfast, Wednesday, November 11th, 8:30 a.m.

We will honor our Veterans with a pancake and sausage breakfast on Tuesday, November 11th, at 8:30 a.m. Please RSVP at the registration desk for this event.

North Texas Food Bank Volunteer Program, Thur., November 12th, 8:30 a.m.

Thursday, November 12th, is the DeSoto Senior Center's day to volunteer at the Food Bank. We will leave the center at 8:30 and return for lunch. Our volunteers work two hours, and in turn, the center receives food credits. We use the food credits from the Food Bank to obtain our morning and afternoon snacks.

Thanksgiving Dinner & Entertainment, Friday, November 13th, 6:30 p.m.

We will have our annual Thanksgiving Dinner with entertainment by the group "First Place." Dinner of roasted turkey and all the trimmings, including dessert, will be served at 6:30. Please RSVP at the registration desk. Donations will be accepted at the sign-in desk. Home pickup/take home is available.

Choctaw Casino Resort, Monday, November 16th, 8:30 a.m.

The bus will depart at 8:30 a.m. from the old Winn Dixie parking lot on Hampton Road, and return around 6:00 p.m. Trip cost is $12.00 (includes bus transportation and driver tip). You will receive $10 casino cash and a $5 meal voucher. Pick up/take home transportation will not be provided. Our next casino trip will be in January 2010.

Corsicana – Collin St. Bakery & Chocolate Factory Tuesday, November 17th, 9 a.m.

We are going to Corsicana on Tuesday, November 17th, and visit the Collin Street Bakery, Chocolate Factory and the pecan store. This is a very popular trip, so please sign up early. We will depart at 9 a.m., and return to the center around 3 p.m. Transportation is $2.00, and lunch on your own.

Texas Hold'em Tournament, Thursday, November 19th, 1 p.m.

Please join us for our next Texas Hold'em tournament. Entry fee is $5.00 with awards for 1st & 2nd place. Each player will deal. Surendra Shah won the October Tournament with Thurston Langley coming in 2nd. Please RSVP by 11/17/09.

Thanksgiving Program by NIA Kids, Tuesday, November 24th, 10 a.m.

NIA Kids is a non-profit organization that nurtures and encourages the development of the natural gifts, talents and interests of young people through the fine arts and theater. Get in the holiday spirit by attending their show at 10 a.m. on Tuesday, November 24th, in the dining room.

Saturday Night Dance, November 28th, 7 – 9:30 p.m.

Join us for a fun night of entertainment and dancing. The music will be provided by "Classic Country". Snacks & punch will be provided at intermission. Admission is $5 at the door.

Mahjong each Monday - 1 p.m

If you're a Mahjong player, please join the group each Monday at 1 p.m. in the dining room.

Line Dance Class Thursday afternoons at 12:15 p.m.

Join the Line Dance Class each Thursday at 12:15 p.m., in the dining room.

DeSoto Senior Activity Center – November 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
2 8:30 Bingo 9:00 Ceramics 9:00 Site Council Meeting 9:30 Wal-Mart 10:00 Texas Winds Musical Performance 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	3 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	4 8:30 Bingo 9:00 VNA-Cholesterol Screening 9:00 Painting Class 9: 30 Tom Thumb, Bread Store 12:30 "42" & Dominoes 1:00 Crochet Class 2:30 Fitness Class at Town Center	5 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class	6 8:30 Bingo 9: 30 P.O./Bank/Drug Big Lots & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center	7
9 8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	10 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	11 8:30 No Bingo 8:30 Veterans Day Pancake Breakfast (RSVP) 9:00 Painting Class 9: 30 Albertsons, Bread Store 11:30 Birthday Lunch 12:30 "42" & Dominoes 1:00 Crochet Class 2:30 Fitness Class at Town Center	12 8:30 Food Bank Volunteer Day 9:00-12 Noon – DAAA Benefit Counselor 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class	13 8:30 Bingo 9: 30 P.O./Bank/Drug Big Lots & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center 6:30 Thanksgiving Dinner & Entertainment	14
16 8:30 Choctaw Casino 8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	17 9:00 Corsicana Trip 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	18 8:30 Bingo 9:00 Painting Class 9:30 Kroger, Bread Store 10:30 VNA Education – Bone Health 12:30 "42" & Dominoes 1:00 Crochet Class 2:30 Fitness Class at Town Center	19 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class 1:00 Texas Hold'em Tournament	20 8:30 Bingo 9: 30 P.O./Bank/Drug Big Lots & Dollar Store 11:30 Thanksgiving Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center	21
23 8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	24 9:30 Chair Exercise 10:00 Holiday Program by NIA Kids Youth Organization 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	25 8:30 Bingo 9:00-12 Noon – DAAA Benefit Counselor 9:00 Painting Class 9:30 Tom Thumb, Bread Store 12:30 "42" & Dominoes 1:00 Crochet Class 2:30 Fitness Class at Town Center	26 **Happy Thanksgiving!** **Center Closed**	27 **Thanksgiving Holiday** **Center Closed**	28 7:00 – 9:30 pm Senior Dance with music by Classic Country
30 8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center			**A Big Thanks to Cantex Senior Communities for sponsoring the food for the October Dance.**		31

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of $1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is $5.50 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.