August 2009 Menu

08/03/2009 Monday	08/04/2009 Tuesday	08/05/2009 Wednesday	08/06/2009 Thursday	08/07/2009 Friday
Oven Fried Chicken Pinto Beans Stewed Tomatoes Hamburger Bun Choc Chip Cookies Milk Mustard	Italian Style Pork Italian Green Beans Delmonico Potatoes Wheat Roll Blushing Pears Milk	Baked Chicken Cream Gravy Yam Patties Whole Kernel Corn Wheat Roll Mandarin Oranges Milk	Pasta e Fagioli Green Peas Spring Vegetables Wheat Bread Snickerdoodle Milk	Turkey Cordon Bleu Francais Veggies Spinach Dinner Roll Tropical Fruit Milk
08/10/2009 Monday	**08/11/2009 Tuesday**	**08/12/2009 Wednesday**	**08/13/2009 Thursday**	**08/14/2009 Friday**
Apple Glazed Pork Rstd Sweet Potatoes Broccoli Wheat Bread Sugar Cookie Milk	Turkey Ham Swiss Cheese Carrot/Raisin Sld Potato Salad Wheat Bread Rosey Pears Milk Mustard	Meatloaf Brown Gravy Whipped Potatoes Squash/Zuchni/Tom Wheat Roll Birthday Cake Ice Cream Milk	Chicken Rice Cass Collard Greens Blackeyed Peas Cornbread Marble Pudding Milk	Creole Steak Rice Mixed Vegetables Wheat Bread Mandarin Oranges Milk
08/17/2009 Monday	**08/18/2009 Tuesday**	**08/19/2009 Wednesday**	**08/20/2009 Thursday**	**08/21/2009 Friday**
Pineapple Chicken Northern Beans Turnip Greens Wheat Bread Oatmeal Cookies Milk	Fiesta Mac & Cheese Cabbage California Veggies Wheat Roll Vanilla Pudding Milk	Smoked Sausage Stewed Tomatoes Tater Gems Hot Dog Bun Vanilla Creme Cookie Milk Mustard	Beef/Bean Burrito Grn Sld w/Tomatoes Fiesta Vegetables Saltine Crackers Man Org/P'apple Milk	BBQ Pork Pinto Beans Coleslaw Hamburger Bun Strawberry Gelatin Milk
08/24/2009 Monday	**08/25/2009 Tuesday**	**08/26/2009 Wednesday**	**08/27/2009 Thursday**	**08/28/2009 Friday**
Chrbrld Beef/Mshrms Country Potatoes Sliced Carrots Wheat Bread P'app Upsd Down Cake Milk	Chix Pasta Sal Summer Salad Lettuce/Tomato White Bread Lime Gelatin Milk	Box Lunch Milk	Beef Ravioli Grn Sld w/Tomatoes Green Peas Multi Grain Bread Pineapple Tidbits Milk Assorted Dressing	Hmstyle Chick/Rice Brussel Sprts/Corn Lima Beans Wheat Bread Vanilla Pudding Milk
08/31/2009 Monday				
Smoked Sausage Kidney Beans Okra & Tomatoes Orange Juice Saltine Crackers Snickerdoodle Milk				

Aug-09

Francais Vegetables: Green Beans, Carrots, Almonds **California Vegetables:** Broccoli, Cauliflower, Carrots

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of 1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is $5.50 per meal. Meals must be ordered by noon two days in advance by calling 972-230-5825.