# DeSoto Senior Activity Center Newsletter July 2009

204 Lion Street - DeSoto, Texas 75115 - http://www.ci.desoto.tx.us Hours of Operation: Monday - Friday 8 am - 4 pm - 972-230-5825

Where Active Seniors Go!

#### This and That

- Did you know that your Tom Thumb Reward Card is worth \$\$\$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.
- The center will be closed Friday, July 3<sup>rd</sup>, in observance of the July 4<sup>th</sup>, holiday.
- Coming in July Double Pinochle Tournament. You must play in eight games during the month. Play will be on Tuesday's & Friday's at 1 p.m. to 4 p.m.

#### Senior of the Month - Thomas Germino



Thomas (Tom) was born in Corona New York. Tom has two brothers and five sisters. He and Dorothy have been married for fifty-one years and have two sons and three daughters. They have ten grandchildren and one great grandchild on the way.

Tom retired after thirty years of service with the Federal Aviation Administration as a Supervisor of Aviation Safety Inspector.

Tom's favorite food is Italian. The best song ever written according to Tom is "New York New York." He has no quirky habits, his favorite hobby is flying and his fondest memory is learning to fly airplanes. His words to live by are "if you are going to do something, do it right."

Tom has been attending the center for four years and was motivated to come to the center because of the fitness room. He is an avid pinochle player, a member of the Site Council and has been seen in the kitchen of the Senior Center on occasion flipping pancakes. Tom and Dorothy enjoy going to the Mystery Dinner the center has every couple of months.

Tom is active in the St. Francis Knights of Columbus and church activities. Thank you Tom for all you do to make the DeSoto Senior Activity Center a better place for our seniors.

#### Welcome to our New Members

Fransica Rosario Acosta, Catherine Bowens, Angie A. Brashear, Barbara A. Charles, Ron L. Ford, Helen F. Holmes, Beverly M. Irvine, Robert E. Irvine, Sr., Frances K. Jones, Willie E. Jones, Versie D. Lusk, Annie L. Mims, Phyllis D. Sager, Leonora A. Stewart, Audrey Scott, David E. Smith, Mitzi D. Smith, Shirley A. Thomas, Keith Totty, Vivian L. Wade and Torchie L. Wolters.

#### July Birthdays

Laura Autrey, Barbara Battles, Georgia Becker, Cynthia Brown, Lee Ruth Bryant, Dorothy Cain, Peggy Capehart, Jim Cavender, Peggy Cavender, Robert Cawley, Kaaren Clavon-Ransom, Jack Coleman, James Cooper, Dolores (Dee) Cotton, Jerrie Culpepper, Amos Cyrus, Monita Daniels, Marikay Dewberry, Michael Dickinson, Paul Donovan, Elaine Edwards, John Edwards, Maureen Ellis, Henretta Eves, Dorothy Feltus, Richard Fleeman, Ravanel Franklin, William Gant, James Gary, Johnnie Gilliam, Wilma Goodloe, Pat Gregory, Mary Gulley, Barbara Hall, Marie Hansen, Fay Hardin, Ina Hill, Florene Hines, Patsy Hoffman, Ann Jackson, Ethel Johnson, Etola Johnson, Renee Johnson, Vera Jordan, James Keiser, Fern Kelley, Lena Kimbell, Jeanne Mayer, Cleveland McBride, Vernell McCoy, Hentle McKissic, Patricia Metters, Catherine Montgomery, Ann Morgan, Becky Morris, Leala Newsom, Joe Nkazi, Thomas Phillips, Michael Purkiss, Gladys Roberts, Juanita Robinson, Ventura Salazar, Adelia Sanchez, Mary Saunders, JoAnn Schroeder, Leatha Shavers, Ovie Stewart, Wallace Swayze, Barbara Terry, Hazel Vaught, Camille Veasey, Luis Velazquez, Paul Walters, Mary Jo Welch, Joyce Wetherell, Helen Williams, Donald Wittman.

#### Health & Wellness

Cholesterol Wednesday, 7/1 9 a.m. Education Talk Understanding Cholesterol Meds. **VNA** Wednesday, 7/15 10:30 a.m. Nutrition Talk – Heart Disease Health Yes! Thursday, 7/23 9:40 a.m.

#### Events & Trips

### After Lunch Ice Cream, Thursday, July 2<sup>nd</sup>, 12 noon.

Join us after lunch as we bring in the July 4<sup>th</sup> holiday with ice cream immediately after lunch on Thursday, July 2<sup>nd</sup>. Please RSVP for lunch at least two days in advance so we will have your meal and ice cream ready.

### North Texas Food Bank Volunteer Program, Thur., July 9<sup>th</sup>, 8:30 a.m. Thursday, July 9<sup>th</sup>, is the DeSoto Senior Center's day to volunteer at the Food Bank. We will leave the center at 8:30

and return for lunch. Our volunteers work two hours, and in turn, the center receives food credits. We use the food credits from the Food Bank to obtain our morning and afternoon snacks.

#### Dinner at Babe's Chicken Dinner House, Friday, July 10th, 5 p.m.

We will not have a Mystery Dinner this month, but we will dine at the new Babe's Chicken Dinner House in Cedar Hill. If you have not eaten at Babe's, your in for a real treat. Meals are \$10.95 or \$11.95, depending on your order, plus your drink. Bus fare is \$2. Please sign up early as we have limited seating. Pick up & take home is available.

#### Choctaw Casino Resort, Monday, July 13th, 8:30 a.m.

Join us on a gambling trip to Choctaw Casino in Durant, Ok. This trip is already full because the trip scheduled in May was cancelled by the casino. All participants that signed up for the May trip transferred their money to this trip. The bus will depart at 8:30 a.m. from the old Winn Dixie parking lot on Hampton Road, and return around 6:00 p.m. Trip cost is \$12.00 (includes bus transportation and driver tip). You will receive \$10 casino cash and a \$5 meal voucher. Pick up/take home transportation will not be provided.

## Office of Congress Woman Eddie Bernice Johnson, Tuesday, July 14<sup>th</sup>, 10 a.m. Congresswoman Johnson feels that it is very important for her office and staff to be accessible to the people of the

30<sup>th</sup> Congressional District. Collin Chlebak from the Congresswomen's office will bring "Congress in the Community" to the Senior Activity Center on Tuesday, July 14<sup>th</sup>, at 10 a.m. The goal is for the entire 30<sup>th</sup> District to know how to get in touch with the Congresswoman's office. Collin will have different reading materials to pass out. These range from the Congresswoman's newsletter to government books on *How Our Laws Are Made* and the *U.S.* Constitution to "green" reusable shopping bags and informative pamphlets from Federal Agencies.

#### Art Show at Town Center, Thursday, July 16th, 9:45 a.m.

If you are interested in art we have the trip for you. The DeSoto Art League is having an Art Exhibit at the City of DeSoto Town Center. Sign up for this free trip at the registration desk. We will depart at 9:45 a.m. and return in plenty of time for lunch.

Texas Hold'em Tournament, Thursday, July 16<sup>th</sup>, 1 p.m.

Please join us for our next Texas Hold'em tournament. Entry fee is \$5.00 with awards for 1<sup>st</sup> & 2<sup>nd</sup> place. Each player will deal. Paul Donovan won the June Tournament with Judith Shields coming in 2<sup>nd</sup>. Please RSVP by 7/14.

#### Mesquite Championship Rodeo, Friday, July 17th, 5:45 p.m.

It's time for another trip to the Mesquite Rodeo. We will watch the action from reserved front row seats! Sign up early because this trip will sell out fast. Transportation is \$2.00 and the ticket to the event is \$5 payable when you sign up. The BBQ dinner is \$10.95 and you will purchase that at the arena. Other concessions are also available at the arena. Home pickup and take home is not available for this event.

#### Afternoon movie at Cinemark Cedar Hill, Monday, July 20th, 1:15 pm.

Monday's at Cinemark in Cedar Hill is Senior Day. Ticket to the movie is \$4.75. We will depart the center at 1:15 p.m. Transportation cost is \$2. Please sign up early as seating is limited.

#### Saturday Night Dance, July 25th, 7 - 9:30 p.m.

Join us for a fun night of entertainment and dancing. The music will be provided by "Classic Country". Snacks & punch will be provided at intermission. Admission is \$5 at the door.

#### Line Dance Class Thursday afternoons at 12:15 p.m.

June Alsup has volunteered to teach Line Dancing each Thursday at 12:15 p.m., in the dining room. All you have to do is show up and participate.

#### **DeSoto Senior Activity Center – July 2009**

Decete Center Activity Center Cary 2000					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
		8:30 Bingo 9:00 Painting Class 9:00 <u>VNA - Cholesterol</u> 9: 30 <u>Tom Thumb, Bread Store</u> 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	9:30 Chair Exercise 9:45 P.O/Bank/Drug Big Lots & Dollar Store  10:00 Camp Meeting 11:30 Lunch 12:00 July 4 <sup>th</sup> Ice Cream 12:00 Senior Samaritans 12:15 Line Dance Class	July 4 <sup>th</sup> Holiday Center Closed	4
8:30 Bingo 9:00 Ceramics 9:00 Basic Computer Class 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 Painting Class 9: 30 Albertsons, Bread Store 11:30 Birthday Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	8:30 Food Bank Volunteer Day 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class	8:30 Bingo 9: 30 P.O./Bank/Drug Big Lots & Dollar Store  11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center 5:00 Dinner at Babe's in Cedar Hill	11
8:30 <u>Choctaw Casino</u> 8:30 <u>Bingo</u> 9:00 <u>Ceramics</u> 9:00 <u>Basic Computer Class</u> 9:30 <u>Wal-Mart</u> 11:30 <u>Lunch</u> 12:00 <u>Bridge</u> 2:30 <u>Fitness Class at Town</u> Center	9:30 Chair Exercise 10:00 Representative from Congresswoman Eddie Bernice Johnson's Office 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 Painting Class 9: 30 Kroger, Bread Store 10:30 VNA-Understanding Cholesterol Medications 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	9:30 Chair Exercise 9:45 Art Exhibit at Town Center 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class 1:00 Texas Hold'em Tournament	8:30 Bingo 9: 30 P.O./Bank/Drug Big Lots & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center 5:45 Mesquite Championship Rodeo	18
8:30 Bingo 9:00 Ceramics 9:00 Basic Computer Class 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 1:15 Movie at Cinemark Cedar Hill 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 Painting Class 9:30 Tom Thumb, Bread Store 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	9:30 Chair Exercise 9:40 Nutrition Talk – Heart Disease 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 Line Dance Class	8:30 Bingo 9: 30 P.O./Bank/Drug Big Lots & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center	7:00 – 9:30 pm Senior Dance with music by Classic Country
8:30 Bingo 9:00 Ceramics 9:00 Basic Computer Class 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 2:30 Fitness Class at Town Ctr.	9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 Painting Class 9:30 <u>Albertsons, Bread Store</u> 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u>	8:30 Bingo 9: 30 P.O./Bank/Drug Big Lots & Dollar Store  11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center	

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$5.50 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.