

DeSoto Senior Activity Center Newsletter

June 2009

204 Lion Street - DeSoto, Texas 75115 - <http://www.ci.desoto.tx.us>
Hours of Operation: Monday – Friday 8 am – 4 pm - 972-230-5825
Where Active Seniors Go!

This and That

- Did you know that your Tom Thumb Reward Card is worth \$\$\$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510..
- Full cost of the congregate meal is now \$5.50 for clients under the age of 60 that eat lunch.
- Pinochle Tournament Winners in the May Tournament were; 1st – Jim Ward, 2nd. – Tom Germino & 3rd. – Shirley Ward. Congratulations on your great tournament play.

Senior of the Month – Judy Wendt

Judy was born in Chicago, Illinois. She is the youngest with one brother and one sister. Judy and her husband, Don of forty-nine years, have two boys, one daughter and nine grandchildren. Judy retired from Sears and Wal-Mart. Her favorite food is steak and lobster.

According to Judy, the best song ever written is “What a Wonderful World.” She has a quirky habit that she procrastinates too much. Her favorite hobbies are quilting (which she learned how to do by taking a class here at the Senior Activity Center), building doll houses, genealogy and scrapbooking. Her fondest memory is summer vacation at her grandmother’s house in Southern Illinois. Her words to live by are “I try to find something good in everyone.”

Judy has been attending the center for three years. She was motivated to join the center because of the wide variety of activities offered. Judy is a member of the Site Council and volunteers at the North Texas Food Bank. She is also an avid pinochle player. Judy is also a member of the C.O.P.S. (Citizens on Patrol) and helps out the police as needed.

Judy states since coming to the center, I have met some wonderful people. It is a great place to have fun and enjoy each others company. Also, the side trips the center offers are great! Thanks, Judy, for all you do here at the DeSoto Senior Activity Center, you make this a better place for all of us!

Welcome to our New Members

Sandra H. Adamcik, Dorothy J. Bass, Carole A. Carr, Lynn Fitzpatrick, Antoinette Coleman, Ronald E. Glover, Coreen Harris, Nathaniel W. Harris, Leroy Johnson, Mary L. Johnson, Minnie L. Lewis, Joe Lindsey, Sharon Madkins, Jean E. McBeth, Catherine McIntosh, Hentle McKissic, Lottie W. Willis and Frances E. Wilson.

June Birthdays

Gilbert Alex Jr., June Alsup, Mary Alvarez, Vallurudalli Anasuya, Jack Archer, Gertha Arterberry, Loretta Boston, Shirley Bradley, Addie Braxton, Patsy Burnham, Warren Burroughs, Mary Butler, Carolyn Clemmons, Betty Daggett, Claude Duke, Gerald Elsmann, Dorothy Evans, Katie Fletcher, Annette Frazier, Patricia Gallagher, Nell Glass, Warner Harper, Franceal Haynes, Greg Heilman, Carolyn Hensley, Quincy Hodge, Chelsey Hoffmeyer, Patricia Holland, Ronald Holland, Lela Jackson, Peggy Johnson, Claudine Jones, Barbara Jones, Bobby Jones, Jacquelyn Joseph, Martha Kiker, Carol Lombardo, Bobbie Markum, Gail Mazin, Ora Lee McFail, Terry Mehaffie, Frances Mitchell, Blanca Mojtehed, Fanna Moore, Mildred O’Berry, Mary Penn, Louis Peterson, Nancy Ramsay, Archie Rhodes, Jessie Rios, Patricia Russell-Harrison, Warren Scott, Helen Scott, Harvey Shaw, Carol Sims, Jerry Smith, Charles Edward Smith, Ron Stewart, Gen Van Gilder, Betty Waddle, Clarece Walker, Herbert Wigley, Melba Williams and Joyce Williams.

Health & Wellness

Blood Pressure	VNA	Wednesday, 6/3	9 a.m.
Nutrition Education - Chiropractic for Seniors	Parker College	Tuesday, 6/16	9 a.m.
Education Talk Understanding Blood Pressure	VNA	Wednesday, 6/17	10:30 a.m.

Events & Trips

Computer Classes on Mondays beginning June 8th, at 9 a.m. & 10:10 a.m.

If you signed up for the computer classes, they begin June 8th, at either 9 or 10:10 a.m. If you are a bingo player, you may want to choose the 10:10 a.m. class. Class fee is \$5 per student. Classes will run three to four weeks.

Dallas Farmers Market, Tuesday, June 9th, 9:00 a.m.

Join us on a visit to the Dallas Farmers Market, where you will find a wide variety of vegetables, fruits, flowers and herbs. We will return to the Senior Center for lunch. Transportation cost is \$2.00.

North Texas Food Bank Volunteer Program, Thur., June 11th, 8:30 a.m.

Thursday, June 11th is the DeSoto Senior Center's day to volunteer at the Food Bank. We will leave the center at 8:30 and return for lunch. Our volunteers work two hours, and in turn, the center receives food credits. We use the food credits from the Food Bank to obtain our morning and afternoon snacks.

Grandparents & Grandkids at the Pool, Friday, June 12th, 7:30 p.m. – 9 p.m.

Our Grandparents & Grandkids will have Moseley Pool exclusively for one night. Grandkids can play water games and swim while the Grandparents play poolside bingo. Snacks and refreshments will be served. Please RSVP at the registration desk for yourself and your grandkids. Seniors get into the pool free, however, adults and kids the fee is \$4, but if the kids have the pool ID card the cost is \$2. Bingo cards will be .50c each.

Chiropractic for Seniors, (Education Talk) Tuesday, June 16th, 9 a.m.

Chiropractic for Senior's: Seven Extraordinary Benefits. These benefits include pain relief, increased range of motion of the spine and extremities, increased balance and coordination, decreased joint degeneration, increased health and well-being, decreased incidence of falling, and decreased need for assisted living. Please join us in the dining room for this educational session.

Texas Hold'em Tournament, Thursday, June 18th, 1 p.m.

Please join us for our next Texas Hold'em tournament. Entry fee is \$5.00 with awards for 1st & 2nd place. Each player will deal. John Roberts won the May Tournament with Arnold Jones coming in 2nd. Please RSVP by 6/16/09.

Father's Day Dinner, Entertainment/Game Night, Friday, 6/19, 6:30 p.m.

Let's celebrate Father's Day with a grilled hot dog dinner including chili for the dog and all the trimmings. This is one occasion we will even let the fathers go first through the serving line. Entertainment will begin at 6:45 followed by bingo and other games. Bingo cards will be .50c each. We will have a pool tournament if there is enough interest. Please sign up at the registration desk by Wednesday, June 17th, for this special occasion.

AARP Driver Safety Program, June 23rd, 12:00 noon – 4 p.m.

RSVP at the registration desk for the AARP Driver Safety Program. This is now a four hour class. Class fee is \$12.00 for AARP members and \$14.00 for non-members payable to the instructor. This class is for insurance purposes only.

Saturday Night Dance, June 27th, 7 – 9:30 p.m.

Join us for a fun night of entertainment and dancing. The music will be provided by "Jimmy Gomez". Snacks & punch will be provided at intermission. Admission is \$5 at the door.

Line Dance Class Thursday afternoons at 12:15 p.m.

June Alsop has volunteered to teach Line Dancing each Thursday at 12:15 p.m., in the dining room. Please RSVP at the registration desk.

Mystery Dinner Tuesday, June 23rd, 6 p.m.

Dress will be casual. We will depart the Senior Activity Center at 6 p.m. Transportation is \$2.00 plus the cost of your dinner and gratuity. The mystery dinner sells out fast, so please reserve your seat early! Pickup and take home is not available.

DeSoto Senior Activity Center – June 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
<p style="text-align: right;">1</p> 8:30 Bingo 9:00 <u>Site Council Meeting</u> 9:00 Ceramics 9:30 <u>Wal-Mart</u> 11:30 Lunch 12:00 Bridge 12:30 <u>Scrapbooking Class</u> 1:00 Mahjong 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">2</p> 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	<p style="text-align: right;">3</p> 8:30 Bingo 9:00 Painting Class 9:00 <u>VNA – Blood Pressure</u> 9:30 <u>Kroger & Bread Store</u> 12:30 "42" & Dominoes 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">4</p> 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u>	<p style="text-align: right;">5</p> 8:30 Bingo 9:30 <u>P.O./Bank/Drug Big Lots & Dollar Store</u> 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">6</p>
<p style="text-align: right;">8</p> 8:30 Bingo 9:00 Ceramics 9:00 <u>Basic Computer Class</u> 9:30 <u>Wal-Mart</u> 10:10 <u>Basic Computer Class</u> 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">9</p> 9:00 <u>Dallas Farmers Market</u> 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	<p style="text-align: right;">10</p> 8:30 Bingo 9:00 Painting Class 9:30 <u>Tom Thumb&Bread Store</u> 11:30 Birthday Lunch 12:30 "42" & Dominoes 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">11</p> 8:30 <u>Food Bank Volunteer Day</u> 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u>	<p style="text-align: right;">12</p> 8:30 Bingo 9:30 <u>P.O./Bank/Drug Big Lots & Dollar Store</u> 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class/Town Ctr. 7:30 <u>Grandparents/Grandkids at the Pool Night</u>	<p style="text-align: right;">13</p>
<p style="text-align: right;">15</p> 8:30 Bingo 9:00 Ceramics 9:00 <u>Basic Computer Class</u> 9:30 <u>Wal-Mart</u> 10:10 <u>Basic Computer Class</u> 11:30 Lunch 12:00 Bridge 12:30 <u>Scrapbooking Class</u> 1:00 Mahjong 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">16</p> 9:00 <u>Nutrition Talk – Chiropractic for Seniors</u> 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	<p style="text-align: right;">17</p> 8:30 Bingo 9:00 Painting Class 9:30 Albertsons & Bread Store 10:30 <u>VNA-Understanding Blood Pressure</u> 12:30 "42" & Dominoes 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">18</p> 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u> 1:00 <u>Texas Hold'em Tournament</u>	<p style="text-align: right;">19</p> 8:30 Bingo 9:30 <u>P.O./Bank/Drug Big Lots & Dollar Store</u> 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class/Town Ctr. 6:30 <u>Fathers Day Dinner, Game Night</u>	<p style="text-align: right;">20</p>
<p style="text-align: right;">22</p> 8:30 Bingo 9:00 Ceramics 9:00 <u>Basic Computer Class</u> 9:30 <u>Wal-Mart</u> 10:10 <u>Basic Computer Class</u> 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">23</p> 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 <u>AARP Driver Safety Course (Please RSVP)</u> 12:00 Senior Samaritans 6:00 <u>Mystery Dinner</u>	<p style="text-align: right;">24</p> 8:30 Bingo 9:00 Painting Class 9:30 <u>Kroger & Bread Store</u> 12:30 "42" & Dominoes 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">25</p> 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u>	<p style="text-align: right;">26</p> 8:30 Bingo 9:30 <u>P.O./Bank/Drug Big Lots & Dollar Store</u> 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">27</p> 7:00 – 9:30 pm <u>Senior Dance with music by Jimmy Gomez</u>
<p style="text-align: right;">29</p> 8:30 Bingo 9:00 Ceramics 9:00 <u>Basic Computer Class</u> 9:30 <u>Wal-Mart</u> 10:10 <u>Basic Computer Class</u> 11:30 Lunch 12:00 Bridge 2:30 Fitness Class/Town Ctr.	<p style="text-align: right;">30</p> 9:30 Chair Exercise 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans				

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$5.50 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.