# DeSoto Senior Activity Center Newsletter

## January 2009

**204 Lion Street - DeSoto, Texas 75115 - http://www.ci.desoto.tx.us**
**Hours of Operation: Monday – Friday 8 am – 4 pm - 972-230-5825**

*Where Active Seniors Go!*

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## *This and That*

- The center will be closed on **Thursday, January 1st, in observance of the New Year Holiday and Monday, January 19th,** in observance of the Martin Luther King Jr. Holiday.
- Did you know that your Tom Thumb Reward Card is worth $$$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.
- Did you know that if you have email, you can register at ci.desoto.tx.us, to have senior center updates and newsletter notices emailed to you?
- Did you know that your Senior Activity Center is a Wi-Fi hot spot? Yes, we now have high speed wireless internet here at the center. Bring in your laptop with your wireless card and surf the internet from anywhere within the center.

## *Senior of the Month – June Alsup*

June Alsup is our senior of the month and we are extremely happy to have such a talented and loving member. She has been attending the center for over four years. June was born in Dallas and is the youngest of one twin brother and three sisters. June has seven grandchildren ages two to thirty-six, and six great-grandchildren. She was married for over fifty-one years before losing her husband. June worked a total of forty-seven years, the last twenty-two with the DeSoto Fire & Police Department retiring in February of 1996.

Her favorite food is dried fruit, cheese and any type of bread. According to June the best song ever written is "I Walk in the Garden Alone." Her favorite hobby is any type of dancing and baking goodies. Fondest memory: Our family's annual vacation trip to South Padre Island and enjoying the sand and surf. Words to live by: You get the best out of others when you give the best of yourself. June was motivated to come to the center to begin a "new" life as a widow.

June teaches the Line Dance Class that meets on Thursday's, and has volunteered at the front desk, served on the building committee, baked desserts, worked at the annual bake sale and serves on the dance committee. The Line Dance Class recently performed for the residents at the DeSoto Nursing & Rehab Center and here at the Senior Activity Center. June also enjoys helping seniors in her neighborhood who are not fortunate to have her good health. She also loves volunteering to take care of her two youngest grandsons in Richardson.

June states the center has been a source of joy and comfort. From the members to the staff we all seem to need one another. There is a lot of love here. Thanks June, for all you do to make the DeSoto Senior Activity Center the best!!!!!

## *January Birthdays*

Virginia Adams, Charles Anderson, Esther Anderson, Don Anthony, Ed Antilla, William Atlee, Carolyn Atteburry, June Averitte, Glenda Baylor, Ann Beck, Roysteen Bell, Mack Bray, Larry Broyles, Ben Brumback, Barbara Burroughs, Willie Cash, Nita Cheshire, Paula Clark, William Coggins, Thomas Connell, Mary Cuellar, Frank Diaz, Alberta Dorrough, Dana Edgin, Betty Gealy, Ireane Grady, Edith Gross, Elizabeth Harris, Georgia Harvey, Mary Hendrick, Bobby Johnson, James Jones, Lloyd Jones, Yancy Jones, Mary Ann Kelly, Phyllis Kimbrell, Ruth L. King, ruby Laird, roger Lawrence, Cleveland Lewis Jr., Donald Littlefield, Margaret Lockhart, Jeannine Lute, Luis Malavear, Arthur McCourt, James McGahan, Rebecca McKown, John Mennerick, Deloris nelson, Linda Nelson, Leonora Neria, Young Kun Park, Marlice Peabody, Joan Pipkins, Betty Pippin, Crystal Rose, Marie Rourke, Temple Sales, Wanda Scogin, Dorothy Sheeley, Evelyn Sheffield, Robert Shields, Cynthia Simpson, Anna Bell Smith, Joe Spencer, Roy Spurgin, Faye Stanfield, Sue Stolz, Wanda Strain, Martha Swindall, Wanda Taylor, Illena Tell, Vamala Vemuri, Charles Wheelis, Ethel White, Hazel Williams, Dorothy Willis, Glen Wilson, Julia Wylie, Gwendolyn Young.

## ***Welcome to our New Members***

Mary Ann Brown; Dorothy Glenn; Christine P. House; Jerry D. King; Louise King; Roy McKay; Janice L. May, Joseph D. May; Fanna L. Moore; Joyce H. Williams.

# ***Health & Wellness***

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|---|---|---|---|
| Blood Sugar | VNA | Wednesday, 1/7 | 9 a.m. |
| Neuropathy | VNA | Wednesday, 1/21 | 10:30 a.m. |
| Nutrition Talk - Colon Cancer | Marlice Peabody | Thursday, 1/22 | 9:45 a.m. |

## ***Do you qualify for free drugs? Find out on Tuesday, January 27th, at 10 a.m.***

Depending on your income, Medicare and other qualifiers, you may qualify for free drugs from Pfizer Pharmaceuticals. A representative will be with us on Tuesday, January 27th, at 10 a.m., to provide information and what the qualifications are.

# ***Events & Trips***

## ***North Texas Food Bank Volunteer Program, Thursday, Jan. 8th, 8:30 a.m.***

Thursday, January 8th, is the DeSoto Senior Center's day to volunteer at the Food Bank. We will leave the center at 8:30 and return for lunch. Our volunteers work two hours, and in turn, the center gets food credits. We use the food credits from the Food Bank to obtain our morning and afternoon snacks. For additional information, please contact Don Wittman or Joe Pirotte.

## ***Choctaw Casino Resort, Monday, January 12th, 8:30 a.m.***

Join us on a gambling trip to Choctaw Casino in Durant, Ok. The bus will depart at 8:30 a.m., from the old Winn Dixie parking lot on Hampton Road, and return around 6:00 p.m. Take home transportation will not be provided. Trip cost is $12.00, includes bus transportation and driver tip. At the casino you will receive $10 casino cash, $10 Blackjack Match Play (5x$2.00), $10 bingo coupon and a $5 meal voucher. Seating is limited, please sign up early.

## ***Texas Hold'em Tournament, Thursday, January 15th, 1 p.m.***

Please join us for our next Texas Hold'em tournament. Entry fee is $5.00 with awards for 1st & 2nd place. Each player will deal. Please RSVP by 1/14/09. The December champion was Luther Jones and the runner up was Brian Reynolds.

## ***Mystery Dinner Thursday, January 22nd, 6 p.m.***

Our next mystery dinner is Thursday, January 22nd, at 6 p.m. Dress will be casual. We will depart the Senior Activity Center at 6 p.m. Transportation is $2.00 plus the cost of your dinner and gratuity. The mystery dinner sells out fast, so please reserve your seat early! Pickup and take home is available.

## ***Saturday Night Dance, January 24th, 7 – 9:30 p.m.***

Join us for a fun night of entertainment and dancing. The music will be provided by "Sid & the Wheels." Snacks & punch provided at intermission. Admission is $5 at the door.

## ***Line Dance Class Thursday afternoons at 12:15 p.m.***

June Alsup has volunteered to teach Line Dancing each Thursday at 12:15 p.m., in the dining room. Please RSVP at the registration desk.

## ***Mahjong each Monday at 1 p.m***

If you're a Mahjong player please join the group each Monday at 1 p.m. in the dining room.

# DeSoto Senior Activity Center – January 2009

| SUN. | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT. |
|---|---|---|---|---|---|---|
| | | | | 1<br> <br><br>**Center Closed** | 2<br>8:30 Bingo<br>9: 30 P.O./Bank/Drug & Dollar Store<br>11:30 Lunch<br>12:00 Bridge<br>12:00 Pinochle<br>2:30 Fitness Class at Town Center | 3 |
| 4 | 5<br>8:30 Bingo<br>9:00 Ceramics<br>9:30 Wal-Mart<br>11:30 Lunch<br>12:00 Bridge<br>1:00 Mahjong<br>2:30 Fitness Class at Town Center | 6<br>9:30 Chair Exercise<br>10:00 Library<br>10:15 TOPS Meeting<br>11:30 Lunch<br>12:00 Duplicate Bridge<br>12:00 Pinochle<br>12:00 Senior Samaritans | 7<br>8:30 Bingo<br>9:00 Painting Class<br>9:00 VNA-Blood Sugar<br>9:30 Grocery/Bread Store<br>11:30 Birthday Lunch<br>12:30 "42" & Dominoes<br>2:30 Fitness Class at Town Center | 8<br>8:30 Food Bank Volunteer Day<br>9:30 Chair Exercise<br>10:00 Camp Meeting<br>11:30 Lunch<br>12:00 Senior Samaritans<br>12:15 Line Dance Class | 9<br>8:30 Bingo<br>9: 30 P.O./Bank/Drug & Dollar Store<br>11:30 Lunch<br>12:00 Bridge<br>12:00 Pinochle<br>2:30 Fitness Class at Town Center | 10 |
| 11 | 12<br>8:30 Bingo<br>8:30 Choctaw Casino<br>9:00 Ceramics<br>9:30 Wal-Mart<br>11:30 Lunch<br>12:00 Bridge<br>1:00 Mahjong<br>2:30 Fitness Class at Town Center | 13<br>9:30 Chair Exercise<br>10:00 Library<br>10:15 TOPS Meeting<br>11:30 Lunch<br>12:00 Duplicate Bridge<br>12:00 Pinochle<br>12:00 Senior Samaritans | 14<br>8:30 Bingo<br>9:00 Painting Class<br>9: 30 Grocery/Bread Store<br>12:30 "42" & Dominoes<br>2:30 Fitness Class at Town Center | 15<br>9:30 Chair Exercise<br>10:00 Camp Meeting<br>11:30 Lunch<br>12:00 Senior Samaritans<br>12:15 Line Dance Class<br>1:00 Texas Hold'em Tournament | 16<br>8:30 Bingo<br>9: 30 P.O./Bank/Drug & Dollar Store<br>11:30 Lunch<br>12:00 Bridge<br>12:00 Pinochle<br>2:30 Fitness Class at Town Center | 17 |
| 18 | 19<br>**Martin Luther King Jr. Holiday**<br>**Center Closed** | 20<br>9:30 Chair Exercise<br>10:00 Library<br>10:15 TOPS Meeting<br>11:30 Lunch<br>12:00 Duplicate Bridge<br>12:00 Pinochle<br>12:00 Senior Samaritans | 21<br>8:30 Bingo<br>9:00 Painting Class<br>9: 30 Grocery/Bread Store<br>10:30 VNA-Neuropathy<br>12:30 "42" & Dominoes<br>2:30 Fitness Class at Town Center | 22<br>9:30 Chair Exercise<br>9:45 Nutrition Talk – Colon Cancer<br>10:00 Camp Meeting<br>11:30 Lunch<br>12:00 Senior Samaritans<br>12:15 Line Dance Class<br>6:00 Mystery Dinner | 23<br>8:30 Bingo<br>9: 30 P.O./Bank/Drug & Dollar Store<br>11:30 Lunch<br>12:00 Bridge<br>12:00 Pinochle<br>2:30 Fitness Class at Town Center | 24<br>7:00 – 9:30 pm<br>Senior Dance with music by Sid & the Wheels |
| 25 | 26<br>8:30 Bingo<br>9:00 Ceramics<br>9:30 Wal-Mart<br>11:30 Lunch<br>12:00 Bridge<br>1:00 Mahjong<br>2:30 Fitness Class at Town Center | 27<br>9:30 Chair Exercise<br>10:00 Library<br>10:00 Pfizer Pharmaceuticals<br>10:15 TOPS Meeting<br>11:30 Lunch<br>12:00 Duplicate Bridge<br>12:00 Pinochle<br>12:00 Senior Samaritans | 28<br>8:30 Bingo<br>9:00 Painting Class<br>9: 30 Grocery/Bread Store<br>12:30 "42" & Dominoes<br>2:30 Fitness Class at Town Center | 29 | 30 | 31 |

**Activities and services at this Center are equally accessible to all persons who are age 55 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of $1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is $4.00 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.**