

December 2008

## DeSoto Senior Activity Center Newsletter

204 Lion Street

972.230.5825

DeSoto, Texas 75115

Hours of Operation: Monday – Friday 8 am – 4 pm

*Where Active Seniors Go!*

### ***This and That***

- Benefits counseling will be available on December 2<sup>nd</sup>, from 9 a.m. to 12 noon. Assistance with Medicare, Medicaid, legal assistance, home repair or other benefits are available.
- Due to the Christmas party on Friday, December 19<sup>th</sup>, we will be going to the Dollar Store, Bank, Post Office and other errands one day earlier on Thursday, December 18<sup>th</sup>.
- Are you interested in playing pinochle or dominos (42, Chicken Foot or Mexican Train) on Tuesday and Thursday mornings? We now have tables and players available and would like you to join the morning fun.
- The center will be closed December 24 & 25<sup>th</sup> for the Christmas Holidays and January 1<sup>st</sup> for New Years.

### **Senior of the Month – Cora Streit** *(Written by staff member Judith Shields)*

Cora Streit is our senior of the month and we are so happy to have her here. She has been coming to the center for 15 years and was motivated to come by her friends in the DeSoto Art League. She is one of our talented artists and helps (with the assistance of our other artists) bring the gift of art to the center. Cora is known for her sweet personality; wouldn't we all like to be known for that!

Cora was born in Crescent, Oklahoma (small town north of Oklahoma City) and had two brothers. She came to Texas in 1957 to work for Chance Vought in the computer department and retired from the University of Computing in 1977 and moved to DeSoto.

Cora's Favorites: Food: Fried pork chops, mashed potatoes and gravy; Song: "Danny Boy"; Quirky Habit: "Too many to list"; Favorite Hobby: Working puzzles and making greeting cards for friends; Fondest Memory: Flying to Paris on the SST in three hours and 37 minutes; Words to live by: "Try to think positive". She likes to make trips from the center and Wednesday painting class. Cora's own words: "I'm thankful that we have such a lovely center with friendly people—a nice place to go and feel welcome."

### **Welcome to our New Members**

Jeff Balthrop, Roysteen Bell, Naomi H. Coryell, Mable Gillespie, Annie R. Hodges, Pearlie J. Hall, Elba R. Herron, Mabel V. Jones, Orville L. Jones, James Barden Keiser, Judy Ann Miles, Lupe Rosales and Richard "Dick" Senkbeil.

### **December Birthdays**

Leon Adamcik, Sarah Anderson, Barry Arnold, Chauncy Banks, Hazel Banks, Jerry Bass, Mary Bates, Raymond Boston, Gertrud Bryant, James Chapman, Jean Collavo, Ada Curran, Jennie Curry, Doroteo DeHoyos, Gloria Elterman, Earl "Bill" Francies, Dorothy Germino, Glenn Gibson, Lucille Gusman, Floyd Hall, Queen Henry, Eleanor Hicks, Carrie High, Bill Holland, Boone Huguley, Annie Hunt, Miriam Jocks, Doshia Jones, Emily Jones, Mary Jones, Victor Juarez, Geraldine Knox, Helen Lamb, Carol Lassetter, Bill Lay, Kathryn Lay, Ella LeGrand, Glenna LeGrand, John Lewis, Rosales Lupe, Helen Mathis, Hallie McMillen, Helen Morris, Roy Ota, Isia Lee Phillips, Lida Pratley, Dorothy Reid, John Rennie, John Roberts, Roxie Sellers, Cecil Smith, Delores Stanley, Mary Sue Stenberg, Frances Stuart, Lucile Treadaway, Grace Turner, James Ward, Mary Washington, Raylene Washington, Mary Lois Waters, Pauline Wilkes, Betty Wilkins, Donald Wilkinson, Verda Wright.

### **Health & Wellness**

Benefits Counseling	Dallas Area Agency on Aging	Tuesday, 12/2	9 a.m.
Blood Pressure	VNA	Wednesday, 12/3	9 a.m.
Nutrition Talk - Constipation	Marlice Peabody	Thursday, 12/18	9:45 a.m.

### **Do you qualify for free drugs? Find out on Tuesday, December 16<sup>th</sup>, at 10 a.m.**

Depending on your income, Medicare and other qualifiers, you may qualify for free drugs from Pfizer Pharmaceuticals. A representative will be with us on Tuesday, December 16<sup>th</sup>, at 10 a.m., to provide information and what the qualifications are.

## **Events & Trips**

### **Senior Shopping at Target, December 2<sup>nd</sup>, 8:30 a.m.**

The Target Super Center in Cedar Hill is offering Senior Shopping on Tuesday, December 2<sup>nd</sup>, from 8:00 a.m. to 10:00 a.m. The store will only be open to seniors during that time. We will depart the center at 8:30 a.m. and return for lunch. Transportation is \$2.00. Seating is limited; please sign up early.

### **Granbury Opera House Christmas Show and Dinner, December 5<sup>th</sup>, 12 noon**

We will see the show "Back Home for the Holidays." A heart warming show that will fill you with the holiday spirit performed only the way the talented Granbury Opera House performers can do. The Granbury Opera House is not handicap accessible. After the show, we will stop for dinner. Transportation and show cost is \$18, payable when you reserve your seat. No refunds! Please sign up early.

### **Prairie Lights at Lynn Creek Park in Grand Prairie, December 9<sup>th</sup>, 6 p.m.**

If this drive through Lynn Creek Park in Grand Prairie doesn't put you in the Christmas Spirit, nothing will. Prairie Lights is a drive through holiday light experience. Upon arriving at the park you will be dazzled with 3 million lights set along 2 miles of path. More than 600 individual displays in shapes of all kinds line the roads. You can see candy canes, toy soldiers, Santa and his reindeer, elves hard at work, and even presents chasing over the top of your car. The finale of the show is Texas' largest light tunnel. We will depart the Senior Activity Center at 6 p.m. Transportation and Prairie Lights total cost is \$5.00. Please sign up early.

### **Cambridge Private School Christmas Choir, Wed., December 10<sup>th</sup>, 10:30 a.m.**

Students from the Cambridge Private School Choir will present their Christmas show on Wednesday, December 10<sup>th</sup>, at 10 a.m., in our dining room. This will be a wonderful presentation that will put us in the Christmas Spirit.

### **Christmas Dinner & Entertainment, Friday, December 12<sup>th</sup>, 6:00 p.m.**

We will have our annual Christmas Dinner with entertainment by Betty Strain. Dinner of brisket, turkey and all the trimmings including dessert will be served at 6:00 p.m., and Betty will take the stage at 7:15. Cost is \$3 per person at the door. Please RSVP at the registration desk.

### **Choctaw Casino Resort, Monday, December 15<sup>th</sup>, 8:30 a.m.**

Join us on a gambling trip to Choctaw Casino in Durant, Ok. The bus will depart at 8:30 a.m., from the old Winn Dixie parking lot on Hampton Road, and return around 6:00 p.m. We will not provide take home transportation. Trip cost is \$12.00, includes bus transportation and driver tip. At the casino you will receive \$10 casino cash, \$10 Blackjack Match Play (5x\$2.00), \$10 bingo coupon and a \$5 meal voucher. Seating is limited, please sign up early.

### **Christmas Shows by the DeSoto Private School Students, Tuesday & Wednesday, December 16<sup>th</sup> and 17<sup>th</sup>, at 10:30 a.m.**

Students from the DeSoto Private School will entertain us with two different shows, one on Tuesday and the second on Wednesday. Remember how entertaining these kids were last year? What wonderful entertainment they were and should be again this year. The shows will take place in the dining room.

### **Texas Hold'em Tournament, Thursday, December 18<sup>th</sup>, 1 p.m.**

Entry fee is \$5.00 with awards for 1<sup>st</sup> & 2<sup>nd</sup> place. Please RSVP by 12/16/08. At our November tournament, Brian Reynolds took first place and Judith Shields took second.

### **Christmas Lunch & Holiday Party, Friday, December 19<sup>th</sup>, 10 a.m.**

We will celebrate our Christmas Lunch and Holiday Party on Friday, December 19<sup>th</sup>, at 10 a.m. If you would like to participate in the gift exchange bring a \$5 to \$7 gift that could be used by a man or woman. The gift exchange will be fun, exciting and hopefully a lot of laughter.

### **Saturday Night Dance, December 20<sup>th</sup>, 7 – 9:30 p.m.**

Join us for a fun night of entertainment and dancing. The music will be provided by "Southern Spurs." Snacks & punch provided at intermission. Admission is \$4 at the door. Beginning in January the admission will increase to \$5.

### **Line Dance Class Thursday afternoons at 12:15 p.m.**

June Alsop has volunteered to teach Line Dancing each Thursday at 12:15 p.m., in the dining room. Please RSVP at the registration desk.

### **AARP Driver Safety Program, December 8<sup>th</sup> & 9<sup>th</sup>, 12:00 p.m.**

RSVP at the registration desk for the AARP Driver Safety Program. Attendance is required both days to obtain your certificate. Class fee is \$10.00 payable to the instructor, and this class is for insurance purposes only.

## DeSoto Senior Activity Center – December 2008

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
	1	2	3	4	5	6
	8:30 Bingo 9:00 <u>Site Council Meeting</u> 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	9:00 - 12:00 <u>DAAA Benefit Counseling</u> 8:30 <u>Target Senior Shopping</u> 9:30 Chair Exercise 10:00 Library 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 Painting Class 9:00 VNA-Blood Pressure 9:30 Grocery/Bread Store 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u>	8:30 Bingo 9:30 P.O./Bank/Drug & Dollar Store 11:30 Lunch 12:00 <u>Granbury Opera House</u> 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center	
7	8	9	10	11	12	13
	8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 12:00 <u>AARP Driver Safety Course</u> 1:00 Mahjong 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:00 Library 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans 12:00 <u>AARP Driver Safety Course</u> 6:00 <u>Prairie Lights in Grand Prairie</u>	8:30 Bingo 9:00 Painting Class 9:30 Grocery/Bread Store 10:30 <u>Cambridge Private School Choir – Christmas Music</u> 11:30 Birthday Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	8:30 <u>Food Bank Volunteer Day</u> 9:30 <u>Grapevine Mills Mall</u> 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u>	8:30 Bingo 9:30 P.O./Bank/Drug & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center 6:00 <u>Christmas Dinner &amp; Entertainment</u>	
14	15	16	17	18	19	20
	8:30 Bingo 8:30 <u>Choctaw Casino</u> 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:00 Library 10:00 <u>Pfizer Pharmaceuticals</u> 10:15 TOPS Meeting 10:30 <u>DeSoto Private School Christmas Presentation</u> 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 Painting Class 9:30 Grocery/Bread Store 10:30 <u>DeSoto Private School Christmas Presentation</u> 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center	9:30 P.O./Bank/Drug & Dollar Store 9:45 <u>Nutrition Talk</u> 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u> 1:00 <u>Quilting by Machine Class</u> 1:00 <u>Texas Hold'em Tournament</u>	8:30 Bingo 10:00 <u>Christmas Party &amp; Gift Exchange</u> 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center	7:00 – 9:30 pm <u>Senior Dance with music by "Southern Spurs"</u>
21	22	23	24	25	26	27
	8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:00 Library 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	Christmas Eve Holiday  Center Closed	Christmas Holiday  Center Closed	8:30 Bingo 9:30 P.O./Bank/Drug & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center	
28	29	30	31			
	8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 1:00 Mahjong 2:30 Fitness Class at Town Center	9:30 Chair Exercise 10:00 Library 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans	8:30 Bingo 9:00 Painting Class 9:30 Grocery/Bread Store 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center			

Activities and services at this Center are equally accessible to all persons who are age 55 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$4.00 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.