

October 2008

DeSoto Senior Activity Center Newsletter

204 Lion Street - DeSoto, Texas 75115

972.230.5825

Hours of Operation: Monday – Friday 8 am – 4 pm

Where Active Seniors Go!

This and That

- Benefits counseling will be available on the first Tuesday each month from 9 a.m. to 12 noon. Assistance with Medicare, Medicaid, legal assistance, home repair or other benefits are available.
- Did you know that your Tom Thumb Reward Card is worth \$\$\$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.
- Are you interested in playing pinochle or dominos (42, Chicken Foot or Mexican Train) on Tuesday and Thursday mornings? We now have tables and players available and would like you to join the morning fun.
- Flu & Pneumonia shots will be available on Thursday, October 2nd, from 9 a.m. to 11 a.m. Please RSVP at the registration desk. Medicare Part B will be accepted.
- **Don't forget the Community Garage Sale to be held here at the center on Saturday, October 18. As a member you can rent a booth for only \$10, non members pay a slightly higher price. This would be a good opportunity to clean out the house and sell your unused items.**

Senior of the Month – Ivory Haynes

Ivory Haynes is our senior of the month. Ivory has been attending the center for three years. She is one of our special North Texas Food Bank volunteers and she also volunteers in our kitchen. She is a very kind and caring individual; we are very glad she is here. She moved here from Indiana after her husband passed away. I understand she does not miss shoveling snow.

She has two brothers, one sister and she is the oldest of the four. She has four boys, two girls, 11 grandchildren and seven great-grandchildren. She was the owner of Danni's Golden Comb Salon/Botique for 33 years and retired in 1995. She then relocated and was in public relations for five years.

Ivory's Favorites: food: soul food; song: "Rough Side of the Mountain"; quirky habit: none; favorite hobby: reading, arts and crafts, crossword puzzles and dancing; fondest memory: her parents; words to live by: "Treat others as you would like to be treated."

Ivory has been attending the center for three years and was motivated to come by her son. Ivory likes to play cards, exercise, help in the kitchen, play bingo and go on trips at the center. We are so fortunate to have you Ivory!

Welcome to our New Members

Armon L. Allen, Gladys M. Blakemore, Monita M. Daniels, Alberta Dorrough, Barbara Hall, Elaine D. Hayes, Ramon R. Hernandez, Carrie M. High, Homer A. Johnson, Vera M. Jordan, Ann M. Morgan, Georgia C. Murray, Richard O. O'Neill, Wanda F. Proctor, Sue Stolz, Betty J. Womack; Edmund Villasana, Patsy J. Vines, William L. Vines and Thera York.

October Birthdays

Marlene Alford, Delores Anthony, Pamela Bagley, Hensley Banks, Raymond Banks, Jerri Barber, Brenda Lee Barnes, Levy Barnes, Magnora Benson, Charles Bernabo, Billy Brents, Winona Bullard, Jeanne Carrabba, Melanie Cartwright, Alfredo Castillo, Ruby Conley, Dorothy Cowart, Barbara Davis, Pat Davis, Terri De La Rosa, Abel DeHoyos, Belia DeHoyos, Miguel De Hoyos, Delia Ree Gibson, rose Goodman, Jean Green, Alton Gregory, Raymond Hill, Usie Holyfield, Reta Howze, Dorothy Jones, Eddie Fayrene Jones, Ted Lineks, Judy Littlefield, Ronnie Long, Michael Matthews, Winston Morris, Carrol Nelson, Bobbie Oglesby, Elmarie Overstreet, Carolyn Peterson, Dorothy Pickard, Daisy Pleasant, Lawrence Randle, Nancy Rannels, Bernice Reilly, Freddie Robertson, Glenora Roland, Frank Rosenberger, Annie Rudolph, Irene Scroggins, Billie Jean Seaton, Martha Shelander, Polly Shelton, Harvey Smith, James Spearman, Carrie (Treon) Spencer, Ernestine Stephens, Howard Stevens, Thelma Sullivan, Cassie Turner, Swamy Valluropalli, Patsy Vines, W. L. Vines, Arthur Walker, Janice Walters, Bessie Washington, Youree Washington, Miloty Wilson, Betty Womack.

Health & Wellness

| | | | |
|---------------------|-----------------------------|------------------|------------|
| Blood Sugar | VNA | Wednesday, 10/1 | 9 a.m. |
| Flu/Pneumonia Shots | Mobile Medicals | Thursday, 10/2 | 9-11 a.m. |
| Benefits Counseling | Dallas Area Agency on Aging | Tuesday, 10/7 | 9 a.m. |
| Weight Control | VNA | Wednesday, 10/15 | 10:30 a.m. |
| Nutrition Talk | Marlice Peabody | Thursday, 10/23 | 9:45 a.m. |

Events & Trips

The Great State Fair of Texas, October 2nd, 9th, & 16th, 9:30 a.m.

We will visit Big Tex and the Great State Fair of Texas. Take in the famous corn dogs, tornado taters, and all the great displays the fair has to offer. Admission is free to seniors. We will depart at 9:30 and return to the center at 3 p.m. Pick up and take home is available. Transportation is \$2.

Sam Moon Shopping, Tuesday, October 7th, 9 a.m.

We will travel to the world of Sam Moon for all those special buys. Transportation cost is \$2.00 plus lunch on your own. We will return to the center around 2 p.m.

North Texas Food Bank Volunteer Program, Thursday, October 9, 8:30 a.m.

Thursday, October 9th is the DeSoto Senior Center's day to volunteer at the Food Bank. We will leave the center at 8:30 and return for lunch. Our volunteers work two hours, and in turn, the center gets food credits. We use the food credits from the Food Bank to obtain our morning and afternoon snacks. For additional information, please contact Don Wittman or Joe Pirotte.

Choctaw Casino Resort, Monday, October 13th, 8:30 a.m.

Join us on a gambling trip to Choctaw Casino in Durant, Ok. The bus will depart at 8:30 a.m., from the old Winn Dixie parking lot on Hampton Road, and return around 6:00 p.m. We will not provide take home transportation. Trip cost is \$12.00, includes bus transportation and driver tip. At the casino you will receive \$10 casino cash, \$10 Blackjack Match Play (5x\$2.00), \$10 bingo coupon and a \$5 meal voucher. Seating is limited, please sign up early.

AARP Driver Safety Program, October 20th & 21st, 12:00 p.m.

Sign up at the DeSoto Senior Activity Center for the AARP Driver Safety Program. Class fee is \$10.00 payable to the instructor. You must attend the class both days to get your certificate. This class is for insurance purposes only and cannot be used to dismiss a traffic violation. Please sign-up at the registration desk or call the center at 972-230-5825 to register.

Texas Hold'em Tournament, Thursday, October 23rd, 1 p.m.

Please join us for our next Texas Hold'em tournament. Entry fee is \$5.00 with awards for 1st & 2nd place. Each player will deal. Please RSVP by 10/21/08.

Saturday Night Dance, October 25th, 7 – 9:30 p.m.

Join us for a fun night of entertainment and dancing. The music will be provided by "Jimmy Gomez." Snacks & punch provided at intermission. Admission is \$4 at the door.

Canton First Monday Shopping Trip, Thursday, October 30th, 8:30 a.m.

Put on your walking shoes and be prepared for a fun day shopping Canton 1st Monday Trades Days on Thursday, October 30th. The trip cost is \$2.00. The van will leave from the DeSoto Senior Activity Center at 8:30 a.m. and return to the center by 3:00 p.m.

Line Dance Class Thursday afternoons at 12:15 p.m.

June Alsup has volunteered to teach Line Dancing each Thursday at 12:15 p.m., in the dining room. Please RSVP at the registration desk.

Quilting by machine class on Thursday's at 1 pm.

The quilting by machine class meets on Thursday afternoons at 1 p.m. in the craft room. This class is for advanced students. You must provide your own sewing machine. Class fee is \$5 per month.

Texas Winds Musical Performance, October 14th, 10 a.m.

Musicians from the Texas Winds Musical Outreach will perform in our dining room. These are professional musicians playing string and wind instruments. We will pass the hat during the performance to go toward there expenses and outreach.

DeSoto Senior Activity Center – October 2008

| SUN. | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT. |
|------|--|--|---|--|--|--|
| | | | 1 | 2 | 3 | 4 |
| | | | 8:30 Bingo 9:00 <u>VNA –Blood Sugar</u> 9:00 Painting Class 9:30 Grocery/Bread Store 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center | 9 – 11:00 <u>Flu Shots</u> 9:30 Chair Exercise 9:30 <u>Texas State Fair</u> 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u> 1:00 <u>Quilting by Machine Class</u> | 8:30 Bingo 9: 30 P.O./Bank/Drug & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | 8:30 Bingo 9:00 <u>Site Council Meeting</u> 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 2:30 Fitness Class at Town Center | 9:00 - 12:00 <u>DAAA Benefit Counseling</u> 9:00 <u>Sam Moon Shopping</u> 9:30 Chair Exercise 10:00 Library 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans | 8:30 Bingo 9:00 Painting Class 9:30 Grocery/Bread Store 11:30 Sept. Birthday Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center | 8:30 <u>Food Bank Volunteer Day</u> 9:30 Chair Exercise 9:30 <u>Texas State Fair</u> 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u> 1:00 <u>Quilting by Machine Class</u> | 8:30 Bingo 9: 30 P.O./Bank/Drug & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | 8:30 <u>Choctaw Casino</u> 8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 2:30 Fitness Class at Town Center | 9:30 Chair Exercise 10:00 <u>Texas Winds Musical</u> 10:00 Library 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans | 8:30 Bingo 9:00 Painting Class 9: 30 Grocery/Bread Store 10:30 <u>YNA-Weight Control</u> 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center | 9:30 Chair Exercise 9:30 <u>Texas State Fair</u> 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u> 1:00 <u>Quilting by Machine Class</u> | 8:30 Bingo 9: 30 P.O./Bank/Drug & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2:30 Fitness Class at Town Center | 8:00 – 3:00 <u>Community Garage Sale</u> |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | 8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 12:00 <u>AARP Driver Safety</u> 2:30 Fitness Class at Town Center | 9:30 Chair Exercise 10:00 Library 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 <u>AARP Driver Safety</u> 12:00 Senior Samaritans | 8:30 Bingo 9:00 Painting Class 9:30 Grocery/Bread Store 11:30 Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center | 9:30 Chair Exercise 9:45 <u>Nutrition Talk</u> 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u> 1:00 <u>Texas Hold'em Tournament</u> 1:00 <u>Quilting by Machine Class</u> | 8:30 Bingo 9: 30 P.O./Bank/Drug & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2: 30 Fitness Class at Town Center | 7:00 – 9:30 pm <u>Senior Dance with music by Jimmy Gomez</u> |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | 8:30 Bingo 9:00 Ceramics 9:30 Wal-Mart 11:30 Lunch 12:00 Bridge 2:30 Fitness Class at Town Center | 9:30 Chair Exercise 10:00 Library 10:15 TOPS Meeting 11:30 Lunch 12:00 Duplicate Bridge 12:00 Pinochle 12:00 Senior Samaritans | 8:30 Bingo 9:00 Painting Class 9:30 Grocery/Bread Store 11:30 Lunch 12:30 "42" & Dominoes 2:30 Fitness Class at Town Center | 8:30 <u>Canton First Monday</u> 9:30 Chair Exercise 10:00 Camp Meeting 11:30 Lunch 12:00 Senior Samaritans 12:15 <u>Line Dance Class</u> 1:00 <u>Quilting by Machine Class</u> | 8:30 Bingo 9: 30 P.O./Bank/Drug & Dollar Store 11:30 Lunch 12:00 Bridge 12:00 Pinochle 2: 30 Fitness Class at Town Center | |

Activities and services at this Center are equally accessible to all persons who are age 55 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$4.00 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.