



DeSoto Parks & Recreation  
Discover, Experience, Play!

**DESOTO  
SENIOR ACTIVITY  
CENTER  
JUNE 2022  
EDITION**

# JUNE TEENTH



Volume 1, Issue 1

Newsletter Date:

June 1-30



## SUMMER IS UPON US!!

**204 LION STREET.  
DESOTO, TEXAS  
75115**

Office: 972-230-5825  
or-5826  
Fax: 972-230-5827

**Hours of Operation:  
Monday-Friday  
8am-4pm**

**THANK YOU!!!  
Proud Supporting  
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Healing Hands  
Healthcare

United Healthcare

Cigna

Tom Thumb

DeSoto Library

Amerilife

Well Care

Advise

The season of great outdoor festivals, barbeques and weather. June is the midpoint of the year, sort of like a halftime period where you can take time to relax and have a breather.

June is also the month which recognizes Juneteenth as not only an important piece in African American culture, but in American culture as well.

So you may be asking yourself, What is Juneteenth and how can you celebrate? (If you don't already know what the day is).

Juneteenth signifies June 19th, 1865 as the official day that enslaved African Americans in the State of Texas learned that they were free although the news took two years to officially reach them.

Whether you've known about Juneteenth or are just now learning of this holiday, it is one that everyone can commemorate. Here are some ways you can recognize the holiday.

### ◆ LEARN THE HISTORY

The very date in which Juneteenth is recognized is enriched with prior events that helped influence the freedom of enslaved Africans. Provide yourself with the opportunity to educate yourself and others with the history that is of Juneteenth.

### ◆ CELEBRATE

Whether that looks like attending festivals, honoring those ancestors that come before you or simply gathering with family that you enjoy. Juneteenth is a day of celebrating freedom and overcoming trial and tribulation.

### ◆ SUPPORT BLACK OWNED BUSINESSES

One of the best things you can do is supporting a business that is black owned. Creating a circulation of revenue within Black communities is one of importance. Take the day to support your local community vendors

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**FOR MORE INFO ON FUTURE SENIOR CENTER ACTIVITIES AND  
EVENTS CALL 972-230-5825**

### What's Next?



#### Senior Chair Exercise Class

We have an ongoing free senior chair exercise program that meets each Wednesday at 10:30 a.m. held at the Senior Center located at 204 Lion Street DeSoto, Texas 75115 More dates besides Wednesday TBD



#### Texas Hold'em Tournament



Texas Hold'em tournaments are held each Monday and Thursday at 12 noon. Awards are given to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place finishers...

#### Jewelry Design

If you are interested in the art of jewelry design, this self taught class is for you. Please bring your own tools and jewels. Classes are TBD.

## Golden Voices Choir

Tuesday | 8:45 a.m. - 10 a.m. | Free

### "Golden Voices"

Join the choir each Tuesday at 8:45 am for step-up and step out, and come and sing-a-long.



## Line Dance Classes

Thursday | 12:15 p.m. - 2p.m. | Free

The Boot Scooters class is Thursdays at 12:15am - 1:00pm am. This is a beginner line dance class. The Line Dance Steppers class is held Thursdays at 1:00pm - 2:00 pm. This is an advanced class with an emphasis on weight loss.



## Yoga Class

Friday | 10:00 a.m. - 11 a.m. Free

This class follows older adult yoga videos. This is a free class for all members...



## M&M BOOK CLUB

M&M Book club meets every Wednesday of each month. Each session begins at 2:00pm in the middle office.

For more information please see front desk or Marlice Peabody...

## T.O.P.S

Take Off Pounds Sensibly Offers tools and programs for healthy living and weight management, with exceptional group fellowship and recognition.

TOPS meets every Tuesday at 10:15am in the craft room.



## VOLUNTEERS!

If you are interested in being listed as a volunteer, please notify the front desk staff

On how the process is handled and we will help you in becoming a volunteer for the Senior Center as well as the City of DeSoto!

Join us every Friday for BINGO. Call the center for more info if interested.

972-230-5825

Fridays June 3rd, 10th, 24th @ 9am .... IN-PERSON BINGO  
25 cents per card. ((NO BINGO June 17th ))



Bingo donations are permitted and accepted

**Jazz Music with Cat Garner | Friday June 3rd | 10:30am**

Come out and listen to some smooth jazz with our local jazz singer Mrs. Cat Garner!

**Crawfish Festival - Saturday June 4th | 6:00pm-9:00pm**

Join us for our Annual Crawfish Festival on June 4th from 6pm to 9pm at Grimes Park.  
Enjoy with your friends and families!

**New Golden Voices Father's Day Program | June 17th | 9:00 am**

Join us Friday June 17th @ 9am for another performance by the New Golden Voices Choir celebrating Fathers!

An event you do not want to miss!

**Community Development Block Grant Meeting | June 15 | 10:00am**

The City of DeSoto is expected to receive \$296,637 in Community Development Block Grant (CDBG) funds from the U.S. Department of Housing and Urban Development (HUD) for FY 2022. The city will host community meetings, and public hearings to obtain the public input for the development of its FY 2022 HUD Action Plan.

**Mystery Lunch Returns! June 23rd | 11:00am**

That's right! Mystery Lunch trips will be returning for the month of June! You'll never know where we'll be headed for our first trip so be prepared and come hungry!

Note: There are 14 spots available on a 1st come, 1st serve basis.

Sign up at front desk (\$2.00 for riding) You pay for your own meal.

# ANNOUNCEMENTS

**The Center will be closed Monday, June 20, 2022 for Juneteenth**

STAR Transit offers fare discounts for qualified seniors 60+, veterans, and persons with disabilities. **Rides to the DeSoto Senior Activity Center are free for seniors!**

Please call STAR Transit at (877) 631-5278 for more information.

## GARDENING!

DeSoto ISD has 2 community gardens that are in search of volunteers! Help assist in planting and cultivating a variety of vegetables such as carrots, spinach, cabbage, tomatoes, and kale as well as some fruit trees. If you're interested in getting your hands dirty and getting close to nature see the front desk staff for more info.