

**DESOTO  
SENIOR ACTIVITY  
CENTER  
MARCH 2021  
EDITION**

**204 LION STREET.  
DESOTO, TEXAS  
75115**

Office: 972-230-5825  
or-5826  
Fax: 972-230-5827

Hours of Operation:  
Monday-Friday  
8am-4pm

**THANK YOU!!!  
Proud Supporting  
Sponsors**

Superior HealthPlan  
United Healthcare  
Cigna  
Tom Thumb  
DeSoto Library

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Volume 1, Issue 1

Newsletter Date: March 1-31

It is our top priority to keep seniors healthy and safe! In order to keep the members of our senior center safe we will continue our temporary closure.

Staff will answer phones should you have any questions/or suggestions.

Call 972-230-5825

## MARCH HOLIDAYS

- 1-Peanut Butter Lover's Day
- 3-National Anthem Day
- 6-National Frozen Food Day
- 8-Popcorn Lover's Day
- 10-Middle Name Pride Day
- 11-Johnny Appleseed Day
- 12-Girl Scouts Day
- 14-National Pi(e) Day
- 14-Potato Chip Day
- 15-Ides of March
- 16-No Selfies Day
- 17-St. Patrick's Day
- 21-World Down Syndrome Day
- 22-National Goof Off Day
- 23-National Chips and Dip Day
- 23-National Puppy Day
- 24-National Chocolate Covered Raisin Day
- 25-Palm Sunday (varies each year)
- 25-Waffle Day
- 26-National Spinach Day
- 28-Something on a Stick Day
- 30-Good Friday (varies each year)
- 30-Take a Walk in the Park Day

SOFESTIVE.COM

Hopefully everyone is doing fine after our brief Texas blizzard and blackout. We are definitely looking forward to nice weather!

Check out these fun observances during the month of March and share them with friends and family!



**BRAINTEASERS ON BACK**

## TRIVIA

### Guess the flower

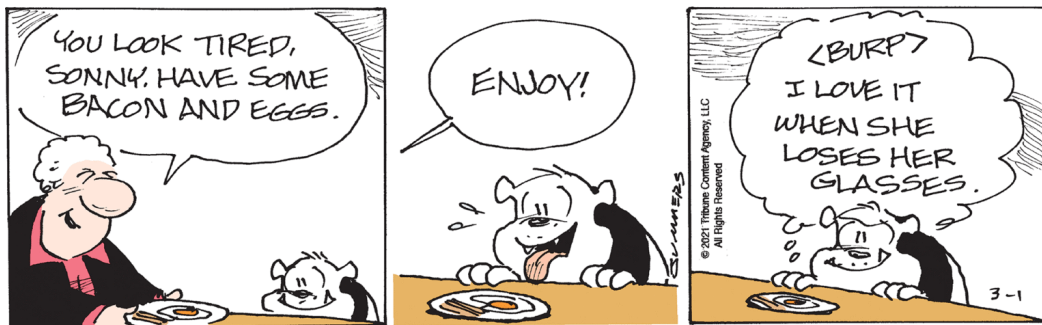
1. What flower comes from an infant's mouth?
2. What flower wants to be remembered?
3. What flower is part of the eye?
4. What flower is a falling farm animal?
5. What flower has trouble waiting?
6. What flowers are girl's names?
7. What flower is happy in the A.M.?
8. What flowers are colors?
9. What flower is shy?
10. What flowers are not tame?

### Trivia answers

Pink  
Green  
Red  
Blue  
Brown  
Gold  
Brown  
Red

### What Word Goes With Each of the Following Words?

1. dollar, lining, screen
2. Alaska, beans, potato
3. dreams, potato, tooth
4. currant, eye, belt
5. toe, shot, man on campus



Be sure to check out all of DeSoto's media platforms for news and events around the city.

[www.desototexas.gov](http://www.desototexas.gov)  
[www.youtube.com/desotocity](http://www.youtube.com/desotocity)  
[www.facebook.com/desotorec](http://www.facebook.com/desotorec)

Spectrum channel 16  
AT&T channel 99

We are going virtual for BINGO! Join us every other Friday for virtual bingo on a zoom call. Video is optional. Bingo cards can be emailed or picked up at the center on the Thursday before Friday's Bingo.

Call the center for more info if interested. 972-230-5825

March 5th, and 19th @ 10am



**DALLAS COUNTY HEALTH AND HUMAN SERVICES (DCHHS) COVID-19 VACCINATION  
REGISTRATION HOTLINE # (855-466-8639)**

<https://www.dallascounty.org/covid-19/covid-19-vaccination.php>

If you need help registering please call the DeSoto Senior Activity Center at 972-230-5825

**FREE NUTRITION CLASSES!**

Texas A&M AgriLife Extension Service & DeSoto Senior Activity Center Invites You to BLT Series:



Meeting ID:

862 8850 7423

**GET THE FACTS**



**Class Schedule:**

Week 1	February	05	2021
Week 2	February	12	2021
Week 3	March	12	2021
Week 4	March	19	2021

Please dial in at 1-346-248-7799

Meeting ID: 862 8850 7423#

Participant ID: 509431

Meeting Password: 509431

**Every Friday @ 12pm – 1pm**

**Place:** DeSoto Senior Activity Center via zoom

**Resources:** Better Living for Texans

Join us once a week and learn to add color to meals, & fun physical activities

**>>Attend Series and win goodies! <<**

\*For more information call DeSoto Senior Activity Center @ 972-230-5825



**See You Soon!**

Educational programs of the Texas A&M AgriLife Extension Service are open to all people w/o regard to race, color, sex, religion, national origin, age, disability, genetic information, or veteran status. The Texas A&M University System, U.S. Dept. of Agriculture, and the County Commissioners Courts of TX Cooperating