

# DeSoto Senior Activity Center




## March 2019



This Program is funded by Dallas County, the Texas Department of Aging and Disability Services and Dallas Area Agency on Aging. Relay Texas 1-800-735-2989

<b>Friday</b>
<b>3/1/2019</b>
Hamburger Patty~ Lettuce/Tomato/Onion Potato Wedges Hamburger Bun Oreo Cookies/Milk Mustard and Ketchup

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3/4/2019</b>	<b>3/5/2019</b>	<b>3/6/2019</b>	<b>3/7/2019</b>	<b>3/8/2019</b>
Beef Burgundy~ Rice Pilaf Squash Medley Wheat Bread Fresh Apple Milk	Breaded Chicken Patty~ Lettuce and Tomato Whole Kernel Corn Hamburger Bun Oatmeal Cookie Milk Ketchup	Meatloaf~ Tomato Gravy Garlic Whipped Potatoes California Vegetables Wheat Bread Fruited Lime Gelatin Milk	Diced Caesar Chicken Pasta Florentine Parslied Carrots Kaiser Roll Caramel Vanilla Pudding Milk	Glazed Ham* Lima Beans Okra and Tomatoes Corn Muffin Fudge Cream Cookie Milk Margarine
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3/11/2019</b>	<b>3/12/2019</b>	<b>3/13/2019</b>	<b>3/14/2019</b>	<b>3/15/2019</b>
Turkey Spaghetti Seasoned Cauliflower Country Tomatoes Breadstick Gingerbread Cookie Milk	<b>BOX LUNCH</b> <b>2% MILK</b>	<b>Birthday Meal!</b> BBQ Chicken Thigh Macaroni and Cheese Brussels Sprouts Texas Bread Frosted Birthday Cake Vanilla Ice Cream Milk 	Turkey Gumbo Cajun Rice Spinach Saltine Crackers Fruited Strawberry Gelatin Milk	<b>St. Patrick's Day</b> Baked Turkey Pastrami Rice Medley Cabbage Dinner Roll Lime Swirl Pudding Milk 
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3/18/2019</b>	<b>3/19/2019</b>	<b>3/20/2019</b>	<b>3/21/2019</b>	<b>3/22/2019</b>
Onion Pork Patty*~ Delmonico Potatoes Beef Braised Carrots Dinner Roll Oatmeal Cream Cookie Milk	Teriyaki Pineapple Chicken Fried Rice Japanese Vegetables Breadstick Fresh Apple Milk	Pizza Casserole* Squash Medley Italian Green Beans Wheat Bread Fruited Orange Gelatin Milk 	Baked Turkey Pastrami Oven Roasted Potatoes Broccoli Dinner Roll Butterscotch Swirl Pudding Milk	Smoked Sausage* Baked Beans Spring Vegetables Hot Dog Bun Ranger Cookie Milk Mustard
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3/25/2019</b>	<b>3/26/2019</b>	<b>3/27/2019</b>	<b>3/28/2019</b>	<b>3/29/2019</b>
Bruschetta Chicken Meatballs~ Cheesy Shells Italian Vegetables Texas Bread Oreo Cookies Milk	Beef Chili with Beans Chuckwagon Corn Beef Braised Carrots Texas Bread Fresh Orange Milk	Oven Fried Chicken Thigh Broccoli Rice Casserole Italian Green Beans Wheat Bread Fruited Cherry Gelatin Milk	Grilled Pork Patty*~ Brown Gravy Hashbrown Potatoes Stewed Tomatoes Biscuit Fig Bar Milk	<b>BOX LUNCH</b> <b>2% MILK</b>

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by 11:30 a.m, two days in advance by calling 972-230-5825.

\* - Contains Pork  
^ - New Menu Item  
-- Entrée Contains Soy