

Desoto Senior Activity Center

March 2018

This Program is funded by Dallas County, the Texas Department of Aging and Disability Services and Dallas Area Agency on Aging. Relay Texas 1-800-735-2989

* - Contains Pork
 ~ - Entrée Contains Soy

Monday			Thursday		Friday	
3/5/2018			3/1/2018		3/2/2018	
Chicken and Rice Casserole Mexican Corn Spring Vegetable Blend Dinner Roll Fresh Orange Milk			Beef Ziti Italian Green Beans Braised Carrots Wheat Bread Cherry Fruited Gelatin Milk		BOX LUNCH 2% Milk	
Tuesday			Thursday		Friday	
3/6/2018			3/8/2018		3/9/2018	
Chili with Beans Spanish Rice Broccoli Mexican Cornbread Muffin Chocolate Chip Cookie Milk			Confetti Chicken Thigh Hashbrown Potatoes Spinach Texas Bread Vanilla Pudding Milk		Hamburger Patty ~ Lettuce, Tomato and Onion Potato Wedges Hamburger Bun Mixed Fruit Cobbler Milk Mustard and Ketchup	
Wednesday			Thursday		Friday	
3/7/2018			3/8/2018		3/9/2018	
BBQ Pork Rib Patty ~ * Ranch Beans Italian Green Beans Dinner Roll Orange Fruited Gelatin Milk			Confetti Chicken Thigh Hashbrown Potatoes Spinach Texas Bread Vanilla Pudding Milk		Hamburger Patty ~ Lettuce, Tomato and Onion Potato Wedges Hamburger Bun Mixed Fruit Cobbler Milk Mustard and Ketchup	
Monday			Thursday		Friday	
3/12/2018			3/15/2018		3/16/2018	
Beef Burgundy ~ Whipped Potatoes Brussels Sprouts with Lemon Dinner Roll Butterscotch Pudding Milk			Country Fried Steak w/Country Gravy Oven Roasted Potatoes Herbed Green Beans Dinner Roll Orange Fruited Gelatin Milk		<u>St. Patrick's Day Holiday Meal!</u> Hamburger Stew Buttered Rice Cabbage Dinner Roll Lime Swirl Pudding Milk	
Tuesday			Wednesday		Friday	
3/13/2018			3/14/2018		3/16/2018	
Chicken Etouffee Parslied Rice Mixed Greens Dinner Roll Carnival Cookie Milk			<i>Birthday Meal</i> Oven Fried Chicken Thigh Au Gratin Potatoes Okra and Tomatoes Dinner Roll White Cake with Chocolate Frosting Vanilla Ice Cream Milk		<u>St. Patrick's Day Holiday Meal!</u> Hamburger Stew Buttered Rice Cabbage Dinner Roll Lime Swirl Pudding Milk	
Monday			Thursday		Friday	
3/19/2018			3/22/2018		3/23/2018	
Chicken a la King Brown Rice Peas and Carrots Biscuit Gingerbread Cookie Milk			Sweet and Sour Meatballs ~ Fried Rice Chinese Cabbage Dinner Roll Fresh Orange Milk		Hamburger Patty ~ Lettuce and Tomato Oven Roasted Potatoes Hamburger Bun Cranapple Crisp Milk Mustard and Ketchup	
Tuesday			Wednesday		Friday	
3/20/2018			3/21/2018		3/23/2018	
Chopped BBQ Beef Baked Beans Coleslaw Hamburger Bun Spiced Pineapple Tidbits Milk			Salisbury Beef with Gravy & Onions ~ Whipped Potatoes Broccoli Dinner Roll Strawberry Fruited Gelatin Milk		Hamburger Patty ~ Lettuce and Tomato Oven Roasted Potatoes Hamburger Bun Cranapple Crisp Milk Mustard and Ketchup	
Monday			Thursday		Friday	
3/26/2018			3/29/2018		3/30/2018	
BOX LUNCH 2% Milk			Mexican Chicken Chili Rice Turnip Greens Saltine Crackers Oatmeal Creme Cookie Milk Margarine		CLOSED GOOD FRIDAY 	
Tuesday			Wednesday		Friday	
3/27/2018			3/28/2018		3/30/2018	
Grilled Pork Patty w/Dijon Herb Sauce * Oven Roasted Potatoes Squash, Zucchini and Tomatoes Wheat Bread Lime Fruited Gelatin Milk			BBQ Chicken Thigh Macaroni & Cheese Spring Vegetable Blend Breadstick Carnival Cookie Milk		CLOSED GOOD FRIDAY 	

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by noon two days in advance by calling 972-230-5825.