

DESOTO SENIOR ACTIVITY CENTER NEWSLETTER

MAY 2016

204 Lion Street - DeSoto, Texas 75115 - <http://www.ci.desoto.tx.us>
Hours of Operation: Monday – Friday 8 am – 4 pm - 972-230-5825
Where Active Seniors Go!

THIS AND THAT

- Please remember the center is for our member's age fifty and over. Children are not allowed at the Senior Activity Center except for special events approved by the Site Council. The special events will be published in this newsletter as they are scheduled.
- The North Texas Food Bank Volunteer Day will take this month on Thursday, May 12th!!!!
- Did you know that your **Tom Thumb Reward Card** is worth \$\$\$ to the Senior Activity Center? Stop by Juan's office to find out more information and how you can sign up.

STAFF MEMBERS OF THE MONTH – CHRISTINA DIAZ & ELMARIE OVERSTREET

Christina was born in Houston, TX & the second oldest of 5 brothers & 4 sisters. She has been married to Frank for 48 years & has 4 children & 12 grandchildren & 2 great grandchildren. Her favorite food is brisket, her favorite song is "Till I Waltz Again with You" & "One Day at a Time." Her hobbies are embroidery & quilting. Her words to live by are: "Don't be in a hurry, enjoy each day that God gives us." Her fondest memories are of watching her children grow. Christina enjoys working outside her home & being with people. Christina is one of the most giving persons at the center & is the first to volunteer her services where needed. You will always find her smiling & helpful. We are very lucky & blessed to have had Christina at the Senior Center for the last 18 years. Thank you, Christina, for all you do for us at the Senior Center, you are very much loved for what you do!

Elmarie Overstreet was born in Canebroke, La. She was married to Robert for forty-six years prior to his passing. She has 2 brothers, 2 sisters, 5 daughters, 11 grandchildren & 2 great grandchildren. She retired as a Food Service Specialist, her favorite food is fried chicken wings, she loves to shop & her favorite songs are "What a Friend we have in Jesus" & "Merry Christmas Baby." Her fondest memory is of talking with her grandmother who was jolly & wise about any & everything. Her words to live by are: "Say a kind word to someone each day, treat others with respect, make sure those whom you love know you cherish them & live each day as if it were your last one." Her favorite movie is "Gone with the Wind" & her hobby is working jigsaw puzzles. She can be seen in the fitness room almost every morning. She joined the staff here 5 years ago. She attends the New Birth Baptist Church in Dallas. Elmarie we love you and appreciate you!

WELCOME TO OUR NEW MEMBERS

Sheryl Allday, Ronald Allday, Iris Bradford, Clara Brooks, Iris Brashear, Joan Christy, Mary A. Collier, Willie (Dee) C. Collier, Patricia Dabney, Norma Hernandez, Sheila R. Hogg, Virginia C. Kidd, Voncil Knight, Lorraine (Lori) K. Knox, Sergio M. Lopez, Yolanda R. Lopez, Antoine (Tony) Marchant, Sandy Marchant, Mary Mauldin, Elouise Mims, JoAnne Monroe, Mary F. Morway, Marshall Mumphreys, Elizabeth R. Price, Deborah D. Scott, Lois Smith, Vertis Sowell, Jr., Barbara A. Williams, Lingburge Williams, Bonnie Woolever

HEALTH & WELLNESS

Morning Fitness Class (Fit For Life)	Recreation Center	Mon, Wed & Friday	10:00 a.m.
Yoga Class-Dorothy Willis	Senior Center	Every Friday	10:00 a.m.
Carter Eye Care Bus	Senior Center	5/11	10:00 am
Nutrition Talk- (DVT)	Senior Center	5/19	11:15 a.m.
Officer Sherman Williams	Senior Center	5/25	9:00 a.m.

Events & Trips

TEXAS HOLD'EM TOURNAMENT EACH THURSDAY @ 12 NOON

Entry fee is \$5.00 with awards for 1st & 2nd place and if fourteen or more play we will have a 3rd place prize. Each player will deal. Ronnie Hall, John Roberts, and Frank Brown were tournament winners in February. New players will play for free if accompanied by a current tournament player. You must be on time to play!

LINE DANCE CLASSES EVERY THURSDAY @ 12:15 P.M. AND 1:00 P.M.

The Boot Scooters Class lasts forty-five minutes beginning at 12:15 p.m. and is free. The Line Dance Steppers lasts for one hour and begins at 1 p.m. and also is a free program. Both classes offer great exercise and movement of all your joints.

CINCO DE MAYO CELEBRATION, THURSDAY, MAY 5TH, 11:00 A.M.

Please join our members as we celebrate Cinco De Mayo with music, refreshments, and stories celebrating Hispanic heritage.

CINCO DE MAYO MYSTERY DINNER, THURSDAY MAY 5TH, 5:30 P.M.

Sign up will be first come first serve. Dress will be casual. We will be using our extended van, so no handicap's on this trip. Transportation cost is \$2.00 plus the cost of your meal. Pick up & take home is not available for this event.

MOTHER'S DAY CELEBRATION OF EVENTS, FRIDAY, MAY 6TH, 8:30 A.M.

We will honor our "Mothers" with a special breakfast of pastries, fruit and punch at 8:30am, bingo at 8:45am, and the Golden Voices Choir will entertain us at 10:00am. Please RSVP by Wednesday, May 4th at the Information Desk. The Friday morning trips will take place on Thursday, 5/5 at 9 a.m.

DESOTO SENIOR SYMPOSIUM, TUESDAY MAY 10TH, 8:30 A.M.

This year's program includes information about safety, health issues facing our seniors, and will promote other resources available to seniors in the DeSoto community. Those in attendance will receive lunch at 11:30 a.m. and be eligible for door prizes. The center will provide free transportation.

NORTH TEXAS FOOD BANK VOLUNTEER PROGRAM, THURS, MAY 12TH, 8:30 A.M.

Thursday, May 12th, is our day to shine as volunteers at the North Texas Food Bank. We will leave the center at 8:30 and return for lunch. Our volunteers work two hours.

8BALL POOL TOURNAMENT, TUESDAY MAY 24TH 1:30 P.M.

Compete and earn bragging rights at the center for the next month! After registration is complete we will draw the tournament bracket and begin play. Award will be given to the winner. Entry fee is \$2 per person. The top 6 finalists will represent the senior center when we compete against Lancaster Senior Center the following day.

DESOTO VS. LANCASTER 8BALL TOURNAMENT, WEDNESDAY MAY 25TH, 10 A.M.

The DeSoto Senior Center will host the Lancaster Senior Center to defend our 8ball championship on July 15th. Our six (6) best players will be competing against the six best players from Lancaster. Ed Neroes & Herschel Carman (Desoto) were the overall champions of the first two tournaments held in 2015.

LOVE FOR KIDS, FRIDAY MAY 27TH, 8:30 A.M.

This event will be held at the Hilton Anatole Trinity Hall near downtown Dallas. Lunch will be served free of charge. There will be dancing to live music, bingo, and other entertainment and a best "hat" contest. They do not have provisions for wheel chairs, so please consider this prior to signing up. Transportation cost is \$2 with only individual sign ups. This trip will sell out fast so please sign up early. We will depart the Senior Center at 8:45 a.m. Take home is available.

DeSoto Senior Activity Center Calendar of Events – May 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2	3	4	5	6	
8:45 Bingo 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	9:00 Golden Voices Practice 10:15 TOPS Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:30 Jewelry Class	9:00 Painting Class 10:00 Grocery Store- 10:00 Fit For Life at Town Ctr. 11:30 Birthday Lunch 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	9:00 P.O./Bank/Drug or Dollar Store 10:00 Camp Meeting 11:00 Cinco De Mayo Celebration 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers 5:30 Cinco De Mayo Mystery Dinner	8:30 Mother's Day Breakfast 8:45 Mother's Day Bingo 10:00 Mother's Day Golden Voices 10:00 Yoga 10:00 Fit For Life at Town Ctr. 10:45 Line Dance Steppers Performance 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge/Pinochle	
9	10	11	12	13	
8:45 Bingo 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	8:30 Senior Symposium (Town Center) 10:15 TOPS Meeting 10:15 M&M Book Club 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:30 Jewelry Class	8:45 Bingo 9:00 Painting Class 10:00 Grocery Store- 10:00 Fit For Life at Town Ctr. 11:30 Birthday Lunch 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	8:30 Food Bank Volunteer Day 10:00 Camp Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Bingo 10:00 Yoga 10:00 Fit For Life at Town Ctr. 10:45 Line Dance Steppers Performance 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge/Pinochle	
16	17	18	19	20	
8:45 Bingo 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	9:00 Golden Voices Practice 10:15 TOPS Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class	9:00 Painting Class 9:45 Grocery Store- 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	10:00 Camp Meeting 11:15 Nutrition Talk 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Bingo 9:45 P.O./Bank/Drug or Dollar Store 10:00 Yoga 10:00 Fit for Life Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 12:00 Pinochle	
23	24	25	26	27	
8:45 Bingo 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	9:00 Golden Voices Practice 10:15 TOPS Meeting 10:15 M&M Book Club 11:30 Lunch W/ 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class	9:00 Painting Class 9:45 Grocery Store 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	10:00 Camp Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:30 Love for Kids 8:45 No Bingo 9:45 P.O./Bank/Drug or Dollar Store 10:00 Yoga 10:00 Fit for Life Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 12:00 Pinochle	
30	31				
CENTER CLOSED MEMORIAL DAY	9:00 Golden Voices Practice 10:15 TOPS Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class				

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by 11:30 a.m., two days in advance by calling 972.230.5825.