

DESOTO SENIOR ACTIVITY CENTER NEWSLETTER

FEBRUARY 2016

204 Lion Street - DeSoto, Texas 75115 - <http://www.ci.desoto.tx.us>
Hours of Operation: Monday – Friday 8 am – 4 pm - 972-230-5825
Where Active Seniors Go!

THIS AND THAT

- **AARP Tax Help** begins **Wednesday, February 3th**, through **April 21st**. This free service is provided each Wednesday on a first come first served basis. This year the tax help will be held at the **Desoto Public Library!**
- Sherman Williams with the DeSoto Police Department will update us on current programs within the Police Department and have an open discussion on police activities and anything of police interest on Wednesday, February 25th, 9:30 a.m. in the dining room.
- Don't forget the North Texas Food Bank Volunteer Day on Thursday, February 11th. If you are interested in volunteering, visit with a staff member or be at the center on the 14th by 8:20 a.m. Hope to see you here!
- **The 2nd Annual Black History Celebration on Monday, February 24th, at 10:00 a.m., in the dining room. The program will include dancing, singing, historical readings, poems & facts of historical African American women.**

VOLUNTEER OF THE MONTH – RUBY WILLIAMS

Ruby Williams has been attending the Senior Activity Center since October 2011. She was born in Dallas, TX. and now lives in Lancaster. Ruby has three brothers and one sister; she has two sons, four grandchildren and two great-grandchildren.

Ruby retired in 2001. Ruby states the following: “I was offered a package before retirement age, I ran out after thirty-four years in August 2001, grabbing the retirement package on the way out the door.” Some of Ruby's favorites; Best Song – “Let the Church say Amen, song by Marvin Winans, Quirky Habit – chasing men and not being able to catch them, Favorite movie – anything western, Words to live by – “Always treat others as you want to be treated.”

Ruby was motivated to attend the center by a client she was caring for told her about the activity center. Ruby assists in the kitchen, helps with both Line Dancing groups, plays dominoes (42), Mexican Train, and is learning to play Bid Whist and Pinochle.

Ruby states that when she joined the Senior Activity Center she had just lost her mother and all the activities at the center helped so much in keeping her mind occupied so she was not constantly thinking of her.

Thank you Ruby for making the Senior Activity Center a better place for all of us!!!

WELCOME TO OUR NEW MEMBERS

Mae F. Alderson, Walter Alderson, Joyce T. Cole, Juanita Davis, Mary Dillard, Maria E. Ervin, Timothy E. Evans, Manuel Kay, Jr., Robert B. (Bebe) Kay, Lois L. Manzay, Betty M. Mills, Erma J. Montgomery, Lana M. O'Quinn, Larry J. Pickens, Chester R. Tyson, Joan Dona White, Tony C. Whittaker, Janette Wilkins, Robert Wilkins, Horace M. Williams, Sr., Wanda J. Williams, Linda Y. Ybarra

HEALTH & WELLNESS

| | | | |
|-------------------------------------|--------------------------|----------------|------------|
| (Ask a Nurse) Elaine Harrison, R.N. | Senior Center | Wednesday 2/18 | 10:30 a.m. |
| Community Talk | Officer Sherman Williams | Wednesday 2/25 | 10:00 a.m. |
| Heart Diseases | Marlice Peabody | Thursday, 2/26 | 9:30 a.m. |

EVENTS & TRIPS

AARP SENIOR TAX PREPARATION, WEDNESDAY'S, FEBRUARY 4TH, 11 A.M. - 3 P.M.

AARP Tax preparation help is available to all seniors beginning Wednesday, February 4th, and each Wednesday through April 20th, from 11 a.m. to 3 p.m. at the Desoto Public Library. You should bring your Social Security card, last year's tax return and any record or files for this year's return. This free service is first come first served.

AARP DRIVER SAFETY PROGRAM, TUESDAY, FEBRUARY 9TH, 12:00 NOON - 4 P.M.

RSVP at the registration desk for the AARP Driver Safety Program. This is a four hour class. Class fee is \$15.00 for AARP members and \$20.00 for non-members payable to the instructor. This program is for Insurance purposes only

NORTH TEXAS FOOD BANK VOLUNTEER PROGRAM, THURS, FEB, 11TH, 8:30 A.M.

Thursday, February 12th, is our day to shine as volunteers at the North Texas Food Bank. We will leave the center at 8:30 and return for lunch. Our volunteers work two hours and will back at the center in time for lunch.

VALENTINE BINGO & ENTERTAINMENT, FRIDAY, FEBRUARY 12TH, 8:45 A.M.

Attend our Valentine's Bingo & entertainment day. Special Bingo will be played at 8:45, cards will cost .50c each. The Choir will perform at 10 a.m. The Friday trips will be run on Thursday of this week.

TEXAS WINDS MUSICAL CONCERT, THURSDAY FEBRUARY 18TH, 10:00 A.M.

Join us and hear the awesome sounds from Texas Winds. The ensemble "Sentimental Journey" will delight our seniors with various songs and a great performance. All are invited and donations for the performers is accepted and encouraged for this group.

SYMBOLS OF FREEDOM PART 3, WEDNESDAY, FEBRUARY 24TH, 10 A.M.

This wonderful program will feature a skit highlighting prominent historical African American women whose accomplishments made a great contribution to society. Many of the great people that are feature are often overlooked in traditional black history celebrations. The fabulous Desoto Senior Center Line Dance Steppers will also perform.

CINEMARK THEATRE, MONDAY FEBRUARY 29TH, 12:45 P.M.


Join our group as we travel to the Cinemark theatre to watch the 1:15 showing. Movie selection will vary. Transportation fee is \$2 and the cost of the movie admission. Check with front desk as movie selections and time may change according to theatre selections.

TEXAS HOLD'EM TOURNAMENT EACH THURSDAY @ 12 NOON

Entry fee is \$5.00 with awards for 1st & 2nd place and if fourteen or more play we will have a 3rd place prize. Each player will deal. Winston Werner, Darrell Franklin, & Youree Washington (two time winner back to back), were tournament winners in January. Please RSVP two days prior to the tournament and be on time to begin play.

BASIC COMPUTER CLASSES BEGINNING IN MARCH. MORE INFORMATION COMING SOON!

DeSoto Senior Activity Center Calendar of Events – February 2016

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT. |
|--|---|--|--|--|---|
| 1 | 2 | 3 | 4 | 5 | 7 |
| 8:45 Bingo 9:00 Ceramics 9:50 <u>Wal-Mart</u> 10:00 <u>Site Council Meeting</u> 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 1:00 Mahjong 1:00 Quilting | 9:00 <u>Golden Voices Practice</u> 10:15 TOPS Meeting 10:15 <u>Wii Bowling</u> 11:30 Lunch 12:00 "42" & Dominoes 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Making Class | 9:00 Painting Class 10:00 <u>Grocery Store, Bread Store</u> 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" & Dominoes 1:00 <u>Crochet Class</u> | 10:00 Camp Meeting 11:30 Lunch 12:00 <u>Texas Hold'em Tourn.</u> 12:15 <u>Boot Scooters (Free)</u> 1:00 <u>Line Dance Steppers (Free)</u> | 8:45 Bingo 9:45 <u>P.O./Bank/Drug or Big Lots & Dollar Store</u> 10:00 Fit For Life at Town Ctr. 10:00 Yoga class 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 12:00 Pinochle | |
| 8 | 9 | 10 | 11 | 12 | 13 |
| 8:45 Bingo 9:00 Ceramics 9:50 <u>Wal-Mart</u> 10:00 Fit For Life at Town Ctr. 10:00 Symbols of Freedom event 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 1:00 Mahjong 1:00 Quilting | 9:00 <u>Golden Voices Practice</u> 10:15 TOPS Meeting 10:15 M & M Book Club 11:30 Lunch 12:00 AARP Driver Safety 12:00 "42" & Dominoes 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Making Class | 9:00 Painting Class 10:00 <u>Grocery Store, Bread Store</u> 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" & Dominoes 1:00 <u>Crochet Class</u> | 8:30 <u>North Texas Food Bank Volunteer</u> 9:00 <u>P.O./Bank/Drug or Big Lots & Dollar Store</u> 10:00 Camp Meeting 11:00 African American Museum 11:30 Lunch 12:00 <u>Texas Hold'em Tourn.</u> 12:15 <u>Boot Scooters (Free)</u> 1:00 <u>Line Dance Steppers (Free)</u> | 8:45 Valentine Bingo 10:00 Choir program 10:00 Fit For Life at Town Ctr. 10:00 Yoga Class 10:45 Line Dance Steppers Performance 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 12:00 Pinochle |  |
| 15 | 16 | 17 | 18 | 19 | 20 |
| 8:45 Bingo 9:50 <u>Wal-Mart</u> 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 1:00 Mahjong 1:00 Quilting | 9:00 <u>Golden Voices Practice</u> 10:15 TOPS Meeting 10:15 <u>Wii Bowling</u> 11:30 Lunch 12:00 "42" & Dominoes 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Making Class | 9:00 Painting Class 9:45 <u>Grocery Store, Bread Store</u> 10:00 Fit For Life at Town Ctr. 10:30 Elaine Harrison 12:00 "42" & Dominoes 1:00 <u>Crochet Class</u> | 10:00 Texas Winds concert 10:30 Camp Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:00 <u>Texas Hold'em Tourn.</u> 12:15 <u>Boot Scooters (Free)</u> 1:00 <u>Line Dance Steppers (Free)</u> | 8:45 <u>Bingo</u> 9:00 <u>P.O./Bank/Drug or Big Lots & Dollar Store</u> 10:00 Fit For Life at Town Ctr. 10:00 Yoga Class 11:30 Lunch 12:00 Bridge 12:00 Pinochle | |
| 22 | 23 | 24 | 25 | 26 | 27 |
| 8:45 Bingo 9:00 Ceramics 9:50 <u>Wal-Mart</u> 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 1:00 Mahjong 1:00 Quilting | 9:00 <u>Golden Voices Practice</u> 10:15 TOPS Meeting 10:15 M & M Book Club 11:30 Lunch 12:00 "42" & Dominoes 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Making Class | 9:00 Painting Class 9:45 <u>Grocery Store, Bread Store</u> 10:00 Fit For Life at Town Ctr. 10:00 Black History Program 11:30 Lunch 12:00 "42" & Dominoes 1:00 <u>Crochet Class</u> | 10:00 Camp Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:00 <u>Texas Hold'em Tourn.</u> 12:15 <u>Boot Scooters (Free)</u> 1:00 <u>Line Dance Steppers (Free)</u> 6:00 Catfish Sam's dinner trip | 8:45 Bingo 9:45 <u>P.O./Bank/Drug or Big Lots & Dollar Store</u> 10:00 Fit For Life at Town Ctr. 10:00 Yoga Class 10:45 <u>Boot Scooters Performance</u> 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 12:00 Pinochle | |
| 29 | | | | | |
| 8:45 Bingo 9:00 Ceramics 9:50 <u>Wal-Mart</u> 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 1:00 Mahjong/Quilting 1:00 Cinemark Movie trip | | | | | |

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.