

DESOTO SENIOR ACTIVITY CENTER NEWSLETTER

SEPTEMBER 2015

204 Lion Street - DeSoto, Texas 75115 - <http://www.ci.desoto.tx.us>
Hours of Operation: Monday – Friday 8 am – 4 pm - 972-230-5825
Where Active Seniors Go!

THIS AND THAT

- Please remember the center is for our member's age fifty and over. Children are not allowed at the Senior Activity Center except for special events approved by the Site Council. The special events will be published in this newsletter as they are scheduled.
- Don't forget the North Texas Food Bank Volunteer Day on Thursday, September 10th. If you are interested in volunteering, visit with a staff member or be at the center on the 10th by 8:20 a.m. Hope to see you here!
- Did you know that your **Tom Thumb Reward Card** is worth \$\$\$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.

VOLUNTEER OF THE MONTH – BOB JOHNSON

Bob Johnson, our senior of the month is always providing a helping hand or encouraging words to one of the members of the senior center. Our members smile when they see Bob coming through the front door! Bob is loved at the center for the wonderful fresh vegetables he grows in his garden and donates to the members of the center almost every week. Bob also donates donuts and pastries every week to the kitchen.

Bob was born in Dallas, Texas and had one sister who is now deceased. He has been married to his wife Jerry for 56 years. They have three children (2 sons, daughter) and six (6) grandchildren. His fondest memory is the birth of his children. His favorite songs are "Lara's Theme" and "America the Beautiful". Bob's favorite movie is "Dr. Zhivago". His hobbies are gardening and fishing. His one quirky habit is never "stepping on the lines on a sidewalk"

Bob has been attending the center for four years. He was motivated to join the center because he wanted to be around people and "It is a great place to be with people and meet friends." We appreciate you Bob and could use more members like you!!!

WELCOME TO OUR NEW MEMBERS

Pat A. Burns, Mary J. Carr, Joyce Chambers, Myra Creeks, Georgia Cook, Hilda Davis, Dyanne P. Fantroy, Sara G. Fisher, Joyce N. Gilbert, Luberta Gooch, Evelyn A. Hopgood, Jimmy L. Hopgood, Hulon Hearn, Linda Jenkins, Susie C. King, Hazel A. Lewis, Sammie L. Moss, Shelia Runnels-Moss, Thomas Mullins, Beverly Russell, Jean E. Pumphrey, Sampath Sengaiya, Suguna Sampath, Claudette J. Taylor, Sylvester Thomas, Carolyn W. Williams, Paul Williams, Jr.

HEALTH & WELLNESS

Health Talk-Marlice Peabody	Celiac Disease	Thursday, 9/25	9:30 a.m.
Morning Fitness Class (Fit For Life)	Recreation Center	Mon, Wed & Friday	10:00 a.m.
Yoga Class-Dorothy Willis	Senior Center	Every Friday	10:00 a.m.
M & M Book Club	Senior Center	9/8 & 9/22	10:15 a.m.
(Ask a Nurse) Elaine Harrison, R.N.	Senior Center	9/16	10:30 a.m.
The "Other" Book Club	Senior Center	9/16	12:30 p.m.

WEAR YOUR CENTER T-SHIRTS ON FRIDAYS

Make a fashion statement and show support for our Senior Activity Center every Friday! Shirts are white, pink, red, and royal blue. Charcoal samples are on display at the Center. Sizes range from small to 2XL and cost \$10.00.

EVENTS & TRIPS

GOLDEN VOICES CHOIR, EACH TUESDAY @ 9:00 A.M.

Are you a singer or musician? Join the choir each Tuesday at 9 a.m. for practice. If you are interested in the choir all you have to do is show up and you too can be a member of our very talented "Golden Voices."

TEXAS HOLD'EM TOURNAMENT EACH THURSDAY @ 12 NOON

Entry fee is \$5.00 with awards for 1st & 2nd place and if fourteen or more play we will have a 3rd place prize. Each player will deal. Rudy Gordon and Darrell Franklin were tournament winners in August. Please RSVP two days prior to the tournament. New players will play for free if accompanied by a current tournament player. You must be on time to play!

"PARTNERS" BINGO, FRIDAY, SEPTEMBER 11TH, 8:30 A.M.

Choose a partner and join us for "Partner Bingo" (2 players per team). If you win, your partner wins. Partner Bingo will be played at 8:45, cards will cost .50c each.

NORTH TEXAS FOOD BANK VOLUNTEER PROGRAM, THURS, SEPTEMBER 10TH, 8:30 A.M.

Thursday, September 10th, is our day to shine as volunteers at the North Texas Food Bank. We will leave the center at 8:30 and return for lunch.

SITE COUNCIL ELECTION, SEPTEMBER 22ND, 8 A.M. TO 3 P.M.

There are three positions to be filled for the Site Council. Several members are running for the open positions. Please see the bulletin board for an updated list of candidates. This is for a two year term. The Site Council is your voice for activities, trips, special events and programs you would like to see at the center.

MYSTERY DINNER, THURSDAY, SEPTEMBER 17TH @ 5:30 P.M.

Please sign up early for our next Mystery Dinner as we have limited seating. We will be using two vehicles on this trip. We will do home pickup/take home that require pick up service. Dress will be business casual. Transportation cost is \$2.00 plus the cost of your meal.

8 BALL TOURNAMENT, TUESDAY, SEPTEMBER 23RD @ 12:00 NOON

Herschel Carman was crowned "King of the Table" in July at the Lancaster Senior Center. Compete and earn bragging rights at the center for the next month! After registration is complete we will draw the tournament bracket and begin play. Award will be given to the winning team. Entry fee is \$2 per person. The top 6 finalists will represent the senior center when we compete against Lancaster Senior Center in the ongoing competition.

U.S. BUREAU OF ENGRAVING & PRINTING, WEDNESDAY, SEPTEMBER 23RD @ 9:30 A.M.

The BEP's public Tour and Visitor Center located in Fort Worth, Texas is a great place to learn about U.S. currency. Visitors can see where billions of dollars are printed from an enclosed walkway, which is suspended above the production floor! Over half of the nation's currency order is produced in Fort Worth. Available before or after the free self-guided tour, the experience includes an informative theater film, and visitors will have the opportunity to walk through two floors of interactive exhibits and displays showcasing currency history and the intricate art of currency manufacturing. Transportation fee is \$2.00. Tour is free. We will stop for lunch on the way home.

SHERMAN WILLIAMS - DESOTO PD, WEDNESDAY, SEPTEMBER 30TH, 9:30 A.M.

Sherman will inform us on what's going on within the DeSoto Police Department, crime statistics and scams to be on the lookout for. He will also have an open forum to answer questions find out what's on your mind pertaining to the police department.

Texas State Fair trips begin every Thursday in October!!!!

DeSoto Senior Activity Center Calendar of Events – September 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1	2	3	4	
	9:00 Golden Voices Practice 10:15 TOPS Meeting 10:15 Wii Bowling 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class	9:00 Painting Class 10:00 Grocery Store 10:00 Fit For Life at Town Ctr. 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	10:00 Camp Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Bingo 10:00 Yoga 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 12:00 Pinochle	
7	8	9	10	11	
Closed for Labor Day	9:00 Golden Voices Practice 10:15 TOPS Meeting 10:15 Wii Bowling 10:15 <u>M&M Book Club</u> 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class	9:00 Painting Class 10:00 Grocery Store 10:00 Fit For Life at Town Ctr. 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	8:30 Food Bank Volunteer Day 10:00 Camp Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Partners Bingo 10:00 Yoga 10:00 Fit For Life at Town Ctr. 10:45 Line Dance Steppers Performance 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 12:00 Pinochle	
14	15	16	17	18	
8:45 Bingo 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	9:00 Golden Voices Practice 10:15 TOPS Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class	9:00 Painting Class 9:45 Grocery Store 10:00 Fit For Life at Town Ctr. 11:30 Birthday Lunch 12:00 "42"/Dominoes/Bid Whist 12:30 "The Other" Book Club 1:00 Crochet Class	10:00 Camp Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers 5:30 Mystery Dinner	8:45 Bingo 9:45 P.O./Bank/Drug or Big Lots & Dollar Store 10:00 Yoga 10:00 Fit For Life Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 12:00 Pinochle	
21	22	23	24	25	
8:45 Bingo 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	9:00 Golden Voices Practice 10:15 TOPS Meeting 10:15 M&M Book Club 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 8Ball Tournament 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class	9:00 Painting Class 9:30 Sherman Williams 9:30 Engraving Trip 9:45 Grocery Store 10:00 Fit For Life at Town Ctr. 10:30 Ask A Nurse (Elaine Harrison) 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	10:00 Camp Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Bingo 9:45 P.O./Bank/Drug or Big Lots & Dollar Store 10:00 Yoga 10:00 Fit For Life at Town Ctr. 10:45 Boot Scooters Performance 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 12:00 Pinochle	
28	29	30			
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Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by 11:30 a.m., two days in advance by calling 972.230.5825.