

# ***DESOTO SENIOR ACTIVITY CENTER NEWSLETTER***

## ***FEBRUARY 2015***

204 Lion Street - DeSoto, Texas 75115 - <http://www.ci.desoto.tx.us>  
Hours of Operation: Monday – Friday 8 am – 4 pm - 972-230-5825  
*Where Active Seniors Go!*

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### ***THIS AND THAT***

- **AARP Tax Help** begins **Wednesday, February 6<sup>th</sup>**, through **April 10<sup>th</sup>**. This free service is provided each Wednesday on a first come first served basis.
- Sherman Williams with the DeSoto Police Department will update us on current programs within the Police Department and have an open discussion on police activities and anything of police interest on Wednesday, February 25<sup>th</sup>, 9:30 a.m. in the dining room.
- Don't forget the North Texas Food Bank Volunteer Day on Thursday, February 14<sup>th</sup>. If you are interested in volunteering, visit with a staff member or be at the center on the 14<sup>th</sup>, by 8:20 a.m. Hope to see you here!
- **The parking lot on Wednesday's from 10:30 to 3:30 p.m. will be a challenge with the AARP Tax Help in our building beginning February 6<sup>th</sup>. Please be patient as you know parking spaces fill up fast.**
- **The 2<sup>nd</sup> Annual Black History Celebration on Monday, February 9<sup>th</sup>, at 10:00 a.m., in the dining room. The program will include dancing, singing, historical readings, poems & facts of African Americans.**

### ***VOLUNTEER OF THE MONTH –***

Ruby Williams has been attending the Senior Activity Center since October 2011. She was born in Dallas, TX. and now lives in Lancaster. Ruby has three brothers and one sister; she has two sons, four grandchildren and two great-grandchildren.

Ruby retired in 2001. Ruby states the following: "I was offered a package before retirement age, I ran out after thirty-four years in August 2001, grabbing the retirement package on the way out the door." Some of Ruby's favorites; Best Song – "Let the Church say Amen, song by Marvin Winans, Quirky Habit – chasing men and not being able to catch them, Favorite movie – anything western, Words to live by – "Always treat others as you want to be treated."

Ruby was motivated to attend the center by a client she was caring for told her about the activity center. Ruby assists in the kitchen, helps with both Line Dancing groups, plays dominoes (42), Mexican Train, and is learning to play Bid Whist and Pinochle.

Ruby states that when she joined the Senior Activity Center she had just lost her mother and all the activities at the center helped so much in keeping her mind occupied so she was not constantly thinking of her.

Thank you Ruby for making the Senior Activity Center a better place for all of us!!!

### ***WELCOME TO OUR NEW MEMBERS***

Mae F. Alderson, Walter Alderson, Joyce T. Cole, Juanita Davis, Mary Dillard, Maria E. Ervin, Timothy E. Evans, Manuel Kay, Jr., Robert B. (Bebe) Kay, Lois L. Manzay, Betty M. Mills, Erma J. Montgomery, Lana M. O'Quinn, Larry J. Pickens, Chester R. Tyson, Joan Dona White, Tony C. Whittaker, Janette Wilkins, Robert Wilkins, Horace M. Williams, Sr., Wanda J. Williams, Linda Y. Ybarra

### ***HEALTH & WELLNESS***

Free Telephone Assistance	Elma Torres	Wednesday, 2/4	10:00 a.m.
Mind Strengthening Exercises	Marilyn Henry	Wednesday 2/18	9:30 a.m.
(Ask a Nurse) Elaine Harrison, R.N.	Senior Center	Wednesday 2/18	10:30 a.m.
Community Talk	Officer Sherman Williams	Wednesday 2/25	10:00 a.m.
Heart Diseases	Marlice Peabody	Thursday, 2/26	9:30 a.m.

## **EVENTS & TRIPS**

### **AARP TAX PREPARATION, WEDNESDAY'S, FEBRUARY 4<sup>TH</sup>, 11 A.M. – 3 P.M.**

AARP Tax preparation help is available to all seniors beginning Wednesday, February 6<sup>th</sup>, and each Wednesday through April 10<sup>th</sup>, from 11 a.m. to 3 p.m. here at the Senior Activity Center. You should bring your Social Security card, last year's tax return and any record or files for this year's return. This free service is first come first served.

### **NEW ORLEANS TRIP MEETING, FRIDAY FEBRUARY 6<sup>TH</sup>, 2:00 P.M.**

Please join our group as we discuss all details of our second trip with Diamond Tours planned for April 27- May 1 headed to New Orleans. We will answer any questions as well as discuss the deposit and final payment details. The trip cost is \$427 for 5 days/4nights and that fee is all inclusive. That covers bus fare, hotel, eight (8) meals, and trips.

### **SYMBOLS OF FREEDOM PART 2, MONDAY, FEBRUARY 9<sup>TH</sup>, 10 A.M.**

This wonderful program will feature a skit highlighting prominent historical African Americans whose accomplishments made a great contribution to society. Many of the great people that are feature are often overlooked in traditional black history celebrations. Golden Voices Choir will perform and there will be a discussion session about the movie Selma.

### **AFRICAN AMERICAN MUSEUM, THURSDAY, FEBRUARY 12<sup>TH</sup>, 10 A.M.**

Please join our group as we celebrate Black History Month and tour and explore the African American Museum located in Fair Park. Please sign up quickly, seating is limited. The transportation and guided museum tour fee is \$5.00. We will stop for lunch on the way home.

### **VALENTINE BINGO & ENTERTAINMENT, FRIDAY, FEBRUARY 13<sup>TH</sup>, 8:45 A.M.**

Attend our Valentine's Bingo & entertainment day. Special Bingo will be played at 8:45, cards will cost .50c each. The Choir will perform at 10 a.m. The Friday trips will be run on Thursday of this week.

### **NORTH TEXAS FOOD BANK VOLUNTEER PROGRAM, THURS, FEB, 12<sup>TH</sup>, 8:30 A.M.**

Thursday, February 12<sup>th</sup>, is our day to shine as volunteers at the North Texas Food Bank. We will leave the center at 8:30 and return for lunch. Our volunteers work two hours and will back at the center in time for lunch.

### **CINEMARK THEATRE, MONDAY FEBRUARY 23<sup>RD</sup>, 12:45 P.M.**

Join our group as we travel to the Cinemark theatre to watch the 1:15 showing. Movie selection will vary. Transportation fee is \$2 and the cost of the movie admission. Check with front desk as movie selections and time may change according to theatre selections.

### **CATFISH SAM'S, THURSDAY FEBRUARY 26<sup>TH</sup>, 5:30 P.M.**


Sign up early as this trip will sell out fast. We will have dinner at Catfish Sam's in Arlington and depart the center at 5:30 p.m. Trip cost is only \$2 and the meal is on your own. No pick up or take home for this event.

### **TEXAS HOLD'EM TOURNAMENT EACH THURSDAY @ 12 NOON**

Entry fee is \$5.00 with awards for 1<sup>st</sup> & 2<sup>nd</sup> place and if fourteen or more play we will have a 3<sup>rd</sup> place prize. Each player will deal. Winston Werner, Darrell Franklin, & Youree Washington (two time winner back to back), were tournament winners in January. Please RSVP two days prior to the tournament and be on time to begin play.

***BASIC COMPUTER CLASSES BEGINNING IN MARCH. MORE INFORMATION COMING SOON!***

# DeSoto Senior Activity Center Calendar of Events – February 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
<p style="text-align: right;">2</p> <p>8:45 Bingo 9:00 Ceramics 9:50 <u>Wal-Mart</u> 10:00 <u>Site Council Meeting</u> 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Bridge 1:00 Mahjong 1:00 Quilting</p>	<p style="text-align: right;">3</p> <p>9:00 <u>Golden Voices Practice</u> 10:15 TOPS Meeting 10:15 <u>Wii Bowling</u> 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Making Class</p>	<p style="text-align: right;">4</p> <p>9:00 Painting Class 10:00 <u>Grocery Store, Bread Store</u> 10:00 Fit For Life at Town Ctr. 11 – 3 <u>AARP Tax Help</u> 11:30 Lunch 12:00 "42" &amp; Dominoes 1:00 <u>Crochet Class</u></p>	<p style="text-align: right;">5</p> <p>9:00 <u>P.O./Bank/Drug or Big Lots &amp; Dollar Store</u> 10:00 Camp Meeting 11:30 Lunch 12:00 <u>Texas Hold'em Tourn.</u> 12:15 <u>Boot Scooters (Free)</u> 1:00 <u>Line Dance Steppers (Free)</u></p>	<p style="text-align: right;">6</p> <p>8:45 Bingo 9:45 <u>P.O./Bank/Drug or Big Lots &amp; Dollar Store</u> 10:00 Fit For Life at Town Ctr. 10:00 Yoga class 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Bridge 12:00 Pinochle 2:00 New Orleans trip meeting</p>	<p style="text-align: right;">7</p>
<p style="text-align: right;">9</p> <p>8:45 Bingo 9:00 Ceramics 9:50 <u>Wal-Mart</u> 10:00 Fit For Life at Town Ctr. 10:00 Symbols of Freedom event 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Bridge 1:00 Mahjong 1:00 Quilting</p>	<p style="text-align: right;">10</p> <p>9:00 <u>Golden Voices Practice</u> 10:15 TOPS Meeting 10:15 M &amp; M Book Club 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Making Class</p>	<p style="text-align: right;">11</p> <p>9:00 Painting Class 10:00 <u>Grocery Store, Bread Store</u> 10:00 Fit For Life at Town Ctr. 11 – 3 <u>AARP Tax Help</u> 11:30 Lunch 12:00 "42" &amp; Dominoes 1:00 <u>Crochet Class</u></p>	<p style="text-align: right;">12</p> <p>8:30 <u>North Texas Food Bank Volunteer</u> 9:00 <u>P.O./Bank/Drug or Big Lots &amp; Dollar Store</u> 10:00 Camp Meeting 11:00 African American Museum 11:30 Lunch 12:00 <u>Texas Hold'em Tourn.</u> 12:15 <u>Boot Scooters (Free)</u> 1:00 <u>Line Dance Steppers (Free)</u></p>	<p style="text-align: right;">13</p> <p>8:45 Valentine Bingo 10:00 Choir program 10:00 Fit For Life at Town Ctr. 10:00 Yoga Class 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Bridge 12:00 Pinochle</p>	<p style="text-align: right;">14</p> <div style="text-align: center;">  </div>
<p style="text-align: right;">16</p> <p>8:45 Bingo 9:00 Ceramics 9:50 <u>Wal-Mart</u> 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Bridge 1:00 Mahjong 1:00 Quilting</p>	<p style="text-align: right;">17</p> <p>9:00 <u>Golden Voices Practice</u> 10:15 TOPS Meeting 10:15 <u>Wii Bowling</u> 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Making Class</p>	<p style="text-align: right;">18</p> <p>8:45 <u>Bingo (Sponsored by Champions Cove in Duncanville)</u> 9:00 Painting Class 9:30 Mind Strengthening Exercise 9:45 <u>Grocery Store, Bread Store</u> 10:00 Fit For Life at Town Ctr. 10:30 Elaine Harrison 11 – 3 <u>AARP Tax Help</u> 11:30 Birthday Lunch 12:00 "42" &amp; Dominoes 12:30 The Other Book Club 1:00 <u>Crochet Class</u></p>	<p style="text-align: right;">19</p> <p>9:00 <u>P.O./Bank/Drug or Big Lots &amp; Dollar Store</u> 10:00 Camp Meeting 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 <u>Texas Hold'em Tourn.</u> 12:15 <u>Boot Scooters (Free)</u> 1:00 <u>Line Dance Steppers (Free)</u></p>	<p style="text-align: right;">20</p> <p>8:45 <u>Bingo</u> 10:00 Fit For Life at Town Ctr 10:00 Yoga Class 11:30 Lunch 12:00 Bridge 12:00 Pinochle</p>	<p style="text-align: right;">21</p>
<p style="text-align: right;">23</p> <p>8:45 Bingo 9:00 Ceramics 9:50 <u>Wal-Mart</u> 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Bridge 12:45 Cinemark Theatre 1:00 Mahjong 1:00 Quilting</p>	<p style="text-align: right;">24</p> <p>9:00 <u>Golden Voices Practice</u> 10:15 TOPS Meeting 10:15 M &amp; M Book Club 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Making Class</p>	<p style="text-align: right;">25</p> <p>9:00 Painting Class 9:45 <u>Grocery Store, Bread Store</u> 10:00 Fit For Life at Town Ctr. 10:00 Officer Sherman Williams 11 – 3 <u>AARP Tax Help</u> 11:30 Lunch 12:00 "42" &amp; Dominoes 1:00 <u>Crochet Class</u></p>	<p style="text-align: right;">26</p> <p>10:00 Camp Meeting 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 <u>Texas Hold'em Tourn.</u> 12:15 <u>Boot Scooters (Free)</u> 1:00 <u>Line Dance Steppers (Free)</u> 6:00 Catfish Sam's dinner trip</p>	<p style="text-align: right;">27</p> <p>8:45 Bingo 9:45 <u>P.O./Bank/Drug or Big Lots &amp; Dollar Store</u> 10:00 Fit For Life at Town Ctr. 10:00 Yoga Class 10:45 <u>Boot Scooters Performance</u> 11:30 Lunch 12:00 "42" &amp; Dominoes 12:00 Bridge 12:00 Pinochle</p>	<p style="text-align: right;">28</p>

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by noon two days in advance by calling 972.230.5825.