

# ***DESOTO SENIOR ACTIVITY CENTER NEWSLETTER***

## ***OCTOBER 2014***

*204 Lion Street - DeSoto, Texas 75115 - <http://www.ci.desoto.tx.us>  
Hours of Operation: Monday – Friday 8 am – 4 pm - 972-230-5825  
Where Active Seniors Go!*

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### ***THIS AND THAT***

Please remember the center is for our member's age fifty and over. Children are not allowed at the Senior Activity Center except for special events approved by the Site Council. The special events will be published in this newsletter as they are scheduled.

- The North Texas Food Bank Volunteer Day on Thursday, October 9<sup>th</sup> has been **CANCELLED!!!** We will resume our monthly visit in November, hope to see you here!
- Did you know that your **Tom Thumb Reward Card** is worth \$\$\$ to the Senior Activity Center? Go to the Customer Service counter and link your reward card to #3510.

### ***CONGRATULATIONS TO OUR NEW SITE COUNCIL MEMBERS***

Our new site council members will serve a two year term and are: Elnora Randon, Annie Banks, Rudy Gordon, and Jim Ward . They will join the existing members of Roy Russell, Aldeline Brown, and George Crews. Rotating off the Site Council are; Floyd Hall, Audrey A. Scott, Marina Dionisio and Luther Jones. The Site Council has the responsibility of advising center staff of projects they would like to do, help with fund raising activities and special events, and attend meetings the first Monday of each month.

If you have input on activities or programs you would like to see at the center, please give that information to any of the Site Council members or center staff. The next Site Council meeting will be held at the Acapulco restaurant on Monday, October 6<sup>th</sup>, at 10 a.m.

### ***WELCOME TO OUR NEW MEMBERS***

Felicia Alexander, Constance Bailey, Shirley Banner, Lola Bell, Ethel Bethea, Fannie Coleman, Marvis Eason Thelma Garrett, Georgia Hamilton, Susan Harris, Arbin Harrison, Patricia Russell-Harrison, Richard Murchison, Juan Parra, Mary Parra, Alice Snyder, Debra Wooten,

### ***HEALTH & WELLNESS***

Diabetes Health Talk	Senior Center	Thursday, 10/23	9:30 a.m.
Morning Fitness Class (Fit For Life)	Recreation Center	Mon, Wed & Friday	10:00 a.m.
Yoga Class-Dorothy Willis	Senior Center	Every Friday	10:00 a.m.
M & M Book Club	Senior Center	10/14 & 10/28	10:15 a.m.
(Ask a Nurse) Elaine Harrison, R.N.	Senior Center	10/15	10:30 a.m.
The "Other" Book Club	Senior Center	10/15	12:30 p.m.
Benefits Counselor-Dallas Area Agency on Aging		Thursday, 10/16	9:00 a.m.
Medicare/Medicaid talk-Carla Moore	Senior Center	10/22	10:00 a.m.

## **EVENTS & TRIPS**

### **GOLDEN VOICES CHOIR, EACH TUESDAY @ 9:00 A.M.**

Are you a singer or musician? Join the choir each Tuesday at 9 a.m. for practice. If you are interested in the choir all you have to do is show up and you too can be a member of our very talented "Golden Voices."

### **TEXAS HOLD'EM TOURNAMENT EACH THURSDAY @ 12 NOON**

Entry fee is \$5.00 with awards for 1<sup>st</sup> & 2<sup>nd</sup> place and if fourteen or more play we will have a 3<sup>rd</sup> place prize. Each player will deal. Rudy Gordon and Darrell Franklin were tournament winners in August. Please RSVP two days prior to the tournament. New players will play for free if accompanied by a current tournament player. You must be on time to play!

### **THE GREAT STATE FAIR OF TEXAS, OCT. 2<sup>nd</sup> 9<sup>th</sup> & 16<sup>th</sup>, 9:30 A.M.**

Take in the fried foods, sweet tea, fried gulf shrimp boil, tornado taters, new car show and all the great displays and food the fair has to offer. State Fair admission is free to seniors on Thursdays. Depart at 9:30 a.m., and return to the center at 3 p.m. Participants will only be allowed to sign up for 1 trip. Take home is available only on the 9<sup>th</sup>. No handicaps on the 2<sup>nd</sup> or 16<sup>th</sup>. Transportation is \$3.

### **AARP DRIVER SAFETY, TUESDAY, OCTOBER 15TH @ 12:00 NOON**

RSVP at the Information Desk for the AARP Driver Safety Program. Class fee is \$15.00 for AARP members and \$20.00 for non-members payable to the instructor. This program is for Insurance purposes only.

### **FLU SHOTS, WEDNESDAY, OCTOBER 15TH @ 10:00 A.M.**

Medicare Part B and all Medicare Advantage Plans will be accepted. Card must be present. The vaccinations available are: Flu(\$22), Flu-High Dose (\$45), Pneumonia (\$95), Td (Tetanus & Diphtheria) \$40, Tdap (Tetanus, Diphtheria, & Pertussis) \$50, Vitamin B-12 (\$15). Service provided by Mobile Medicals (972-664-9355).

### **INVITATION TO ALL, OCTOBER 15, 2014, 12:30 P.M.**

What comes to mind when you hear San Antonio? The Alamo, Riverwalk, & the Spurs? Join the "Other" & "M&M" Book Clubs of Desoto Senior Center on October 15<sup>th</sup> at 12:30 p.m. in the Craft room as they host author Mark Louis Ryczyc aka "Hawkeye". He will be discussing his book The Travis Club, a mystery set in San Antonio written by someone who loves the city and all its past.

### **SAN ANTONIO TRIP MEETING OCTOBER 17, 2014, 1:00 P.M.**

Please join us for a mandatory pre trip meeting for all members signed up for this trip. Get all the details of the trip and have any questions answered before the trip which is scheduled for November 11-13, 2014.

### **MYSTERY LUNCH, THURSDAY, OCTOBER 23RD, 11:00 A.M.**

Please sign up early for our Mystery Lunch. Dress will be casual. We will be using our extended van, so no handicap's on this trip. Transportation cost is \$2.00 plus the cost of your meal. Pick up & take home is not available for this event. Our last trip was to the Black Eyed Pea.

### **SHERMAN WILLIAMS - DESOTO PD, WEDNESDAY, OCTOBER 29TH, 9:30 A.M.**

Sherman will inform us on what's going on within the DeSoto Police Department, crime statics and scams to be on the lookout for. He will also have an open forum to answer questions find out what's on your mind pertaining to the police department

### **SBALL TOURNAMENT, THURSDAY, OCTOBER 30TH, 10:00 A.M.**

Harold Parks is the reigning two-time champion with consecutive tournament wins in June and August. He is the "king of the table". Please join us and attempt to dethrone the reigning champ!!! Tournament fee is \$2.00 and prize awarded to first place winner.

### **HALLOWEEN COSTUME PARTY AND BINGO, FRIDAY, OCTOBER 31ST, 8:45 A.M.**

Come to the center dressed in your Halloween costume and join the party and contest. Prizes will be awarded for the best costume. Bingo will be played at regular time. Refreshments will be served. One free card w/costume..50 cents cards

# DeSoto Senior Activity Center Calendar of Events – October 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1	2	3	
		9:00 Painting Class 10:00 Grocery Store-Tom Thumb 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	9:30 State Fair of Texas Trip 10:00 Camp Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Bingo 10:00 Yoga 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 12:00 Pinochle	
6	7	8	9	10	
8:45 Bingo 9:00 Ceramics 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	9:00 Golden Voices Practice 10:15 TOPS Meeting 10:15 Wii Bowling 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class	9:00 Painting Class 10:00 Grocery Store- 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	8:30 Food Bank Volunteer Day CANCELED 9:30 State Fair of Texas Trip 10:00 Camp Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Bingo 10:00 Yoga 10:00 Fit For Life at Town Ctr. 10:45 Line Dance Steppers Performance 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 12:00 Pinochle	
13	14	15	16	17	
8:45 Bingo 9:00 Ceramics 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	9:00 Golden Voices Practice 10:15 TOPS Meeting 10:15 <u>M&amp;M Book Club</u> 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class	9:00 Painting Class 9:45 Grocery Store-Kroger 10:00 Flu Shots 10:00 Fit For Life at Town Ctr. 10:30 Ask A Nurse (Elaine Harrison) 11:30 Birthday Lunch 12:00 AARP Driver Safety 12:00 "42"/Dominoes/Bid Whist 12:30 "The Travis Club" meeting 1:00 Crochet Class	9:00 Benefits Counselor 9:30 State Fair of Texas Trip 10:00 Camp Meeting 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Bingo 9:45 P.O./Bank/Drug or Big Lots & Dollar Store 10:00 Yoga 10:00 Fit for Life Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 12:00 Pinochle 1:00 San Antonio Trip Meeting	
20	21	22	23	24	
8:45 Bingo 9:00 Ceramics 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	9:00 Golden Voices Practice 10:15 TOPS Meeting 10:15 M&M Book Club 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle 12:30 Jewelry Class	9:00 Painting Class 9:45 Grocery Store- 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	9:30 Healthy Talk-Diabetes 10:00 Camp Meeting 11:00 Mystery Lunch 11:30 Lunch 12:00 "42" & Dominoes 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Bingo 9:45 P.O./Bank/Drug or Big Lots & Dollar Store 10:00 Yoga 10:00 Fit For Life at Town Ctr. 10:45 Boot Scooters Performance 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 12:00 Pinochle	
27	28	29	30	31	
8:45 Bingo 9:50 Wal-Mart 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Bridge 1:00 Mahjong 1:00 Quilting Class	9:00 Golden Voices Practice 10:15 TOPS Meeting 10:15 <u>M&amp;M Book Club</u> 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 12:00 Duplicate Bridge 12:00 Pinochle Tournament 12:30 Jewelry Class	9:00 Painting Class 9:30 Sherman Williams-DesotoPD 9:45 Grocery Store- 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42"/Dominoes/Bid Whist 1:00 Crochet Class	10:00 Camp Meeting 11:30 Lunch 12:00 "42" & Dominoes 12:00 8Ball Tournament 12:00 Texas Hold'em Tourn. 12:15 Boot Scooters 1:00 Line Dance Steppers	8:45 Halloween party/Bingo 9:45 P.O./Bank/Dollar Store 10:00 Yoga 10:00 Fit For Life at Town Ctr. 11:30 Lunch 12:00 "42" & Dominoes 12:00 Bridge 12:00 Pinochle	

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by 11:30 a.m., two days in advance by calling 972.230.5825.